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MARCH 2016

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As the mayor of this beautiful city and as a native Tulsan, I invite you to enjoy my hometown. Whether you're just visiting or you already live here, there's something for everyone.

For over 30 years, *Preview* magazine has been offering Tulsans and/or its visitors this comprehensive guide about everything from area restaurants to local attractions, events, tourist destinations, lifestyles, lodging and one-of-a-kind extraordinary shopping venues.

No matter where you turn, Tulsa offers great restaurants — everything from barbecue to sushi — tons of unique shopping venues, world-class museums, and entertainment options that are second to none.

Tulsa is well known for its art, music and culture. It is home to world-class ballet and opera, as well as the Gilcrease and Philbrook museums, where displays of Western art and Italian Renaissance will capture your heart and imagination.

Downtown Tulsa is home to one of the finest collections of art deco architecture in the country, ranking with cities such as Miami and Chicago. Our iconic beacon, the BOK Center, is a major catalyst for drawing visitors and Tulsans alike for concerts, sporting events and more. ONEOK Field, home of our city's baseball team — the Tulsa Drillers — has proven to be one of the major players in the revitalization of downtown, along with the Philbrook Downtown and the Woody Guthrie Center. These new developments mesh well with already established entertainment venues such as Cain's Ballroom, Brady Theater and the Tulsa Performing Arts Center.

If you're looking for outdoor activities, Tulsa offers plenty of exciting opportunities for outdoor fun and recreation. Take a stroll down the scenic paths winding along the Arkansas River and take in the beauty of our famed River Parks. If you're looking for more of a wild time, then head over to "America's Favorite Zoo" and tour the Tulsa Zoo, our city-owned gem that's located at Mohawk Park. It's truly a great experience for the whole family.

I am pleased that you have chosen to call Tulsa your home, or if you're just visiting, we sure hope you enjoy your stay in our beautiful city. You can always find out more about Tulsa by visiting our website: www.CityOfTulsa.org.

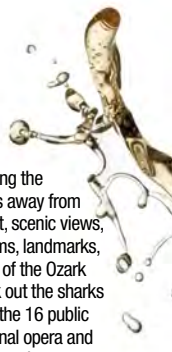


Sincerely,

Dewey F. Bartlett, Jr.
Mayor of Tulsa

PREVIEW

VOL. 30, NO. 3
PREVIEW918.COM



For over 30 years, *Preview* magazine has been the best resource for discovering Tulsa, Green Country and locating the perfect place to eat, visit, shop and be entertained, whether you are here on business or just enjoying a few days away from the grind. Located in the heart of Oklahoma, Tulsa is a year-round destination for shopping, dining, entertainment, scenic views, hikes and adventure. The rich history of Tulsa and its surrounding areas is reflected in the diversity of its museums, landmarks, history, wildlife, attractions, fine dining and friendly locals. In Tulsa, situated on the Arkansas River at the foothills of the Ozark Mountains, enjoy a performance or sporting event at the BOK Center, fish in one of the area's many lakes, check out the sharks in the state's only freestanding aquarium, explore any of the lush parks or break out the clubs and tackle any of the 16 public golf courses. Considered by many to be the cultural and arts center of Oklahoma, Tulsa offers full-time professional opera and ballet companies and one of the nation's largest concentrations of art deco architecture. Regardless of your personal tastes or budget, Tulsa offers a down-home, yet cultured experience for all ages.

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Trending Delicious

We're tapped into what's trending and delicious, giving you a first-hand look at where to go, what to eat, and how to map out your culinary adventures.



Green Country has a vastly underestimated restaurant and bar scene. A delicious reference and one-stop guide to dining out, our Pick Your Palate provides overviews of restaurants, cafes and bars. With so many choices in the area, let us help you discover buzzed-about spots, great places to imbibe and where to get a stunningly good meal.

Visit preview918.com/pick-your-palate to find your next dining destination.

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March 2016



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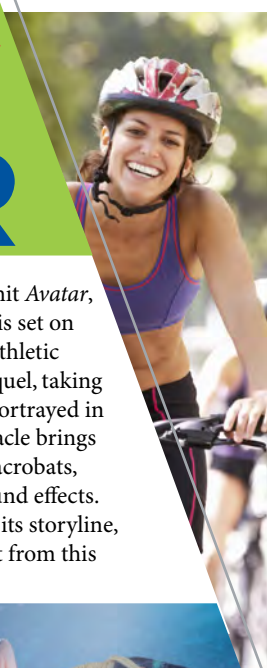
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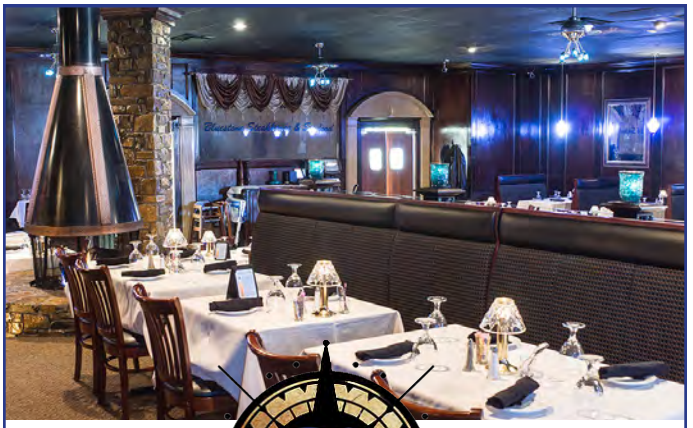
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$91.80 IN 48 CHALLENGE

So providing an envelope of cash and telling people to spend it in 48 hours isn't exactly a challenge, but it makes this assignment sound a lot more interesting. The mission posed to Alex Cowan & family was to spend $91.80 (we used the local area code for the amount) in two days. And if they could find fun and free activities … bonus.

THE ONLY CATCH WAS THAT THEY HAD TO SPEND IT AT PLACES, EVENTS OR SHOPS PROFILED IN THE FEBRUARY ISSUE OF *PREVIEW*.

Presidents' Day in the 918 was a blast. We are from out of town, so using *Preview* as a guide to Tulsa entertainment was ingenious. We planned a whole day of activities without going over our budget just by browsing through a few pages. The printed maps allowed us to focus most of our day in one area so we wouldn't waste time and money zigzagging across Tulsa.





Stop #1

Cost: $0



Nature has a way of getting the happy chemicals flowing, and Mohawk Park was the perfect get away for some natural-born entertainment. Hiking the trails offered fresh air and exercise for a much-needed escape from the busy city. Make sure you hit the playgrounds and bring a Frisbee and some snacks or a picnic lunch. Sneaking in some education was easy thanks to the Oxley Nature Center.

Stop #2

Cost: $45

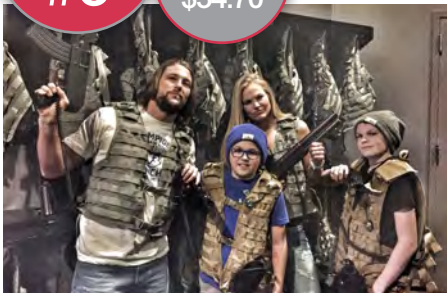




Our hangry was starting to set in, so we headed toward 71st and Memorial to spend the rest of our day and give Fuji's daily lunch specials a try. Sushi on a budget doesn't ever sound like a good idea, but the geisha lunch made me a believer. Choose three out of 17 rolls, and soup or salad for $14. The $45 (tip included) worth of simple carbs and fresh protein was the right fuel for our next stop.

Stop #3

Cost: $34.70



Hard Knocks Laser Tag is like real life *Call of Duty*. We took advantage of their Detention promotion, which is $15.99 each from 4-7 p.m. for kids on weekdays. The boys were able to play about 12 different urban combat missions. Lacey and I took a selfie and tagged HKTulsa on social media for a free mission. You'd be surprised how quickly you work up a sweat once you get your hands on the realistic guns and your adrenaline kicks in. Mason won the Sabotage mission and was awarded a Baskin-Robbins ice cream, which took us across the parking lot to our final stop.

Stop #4

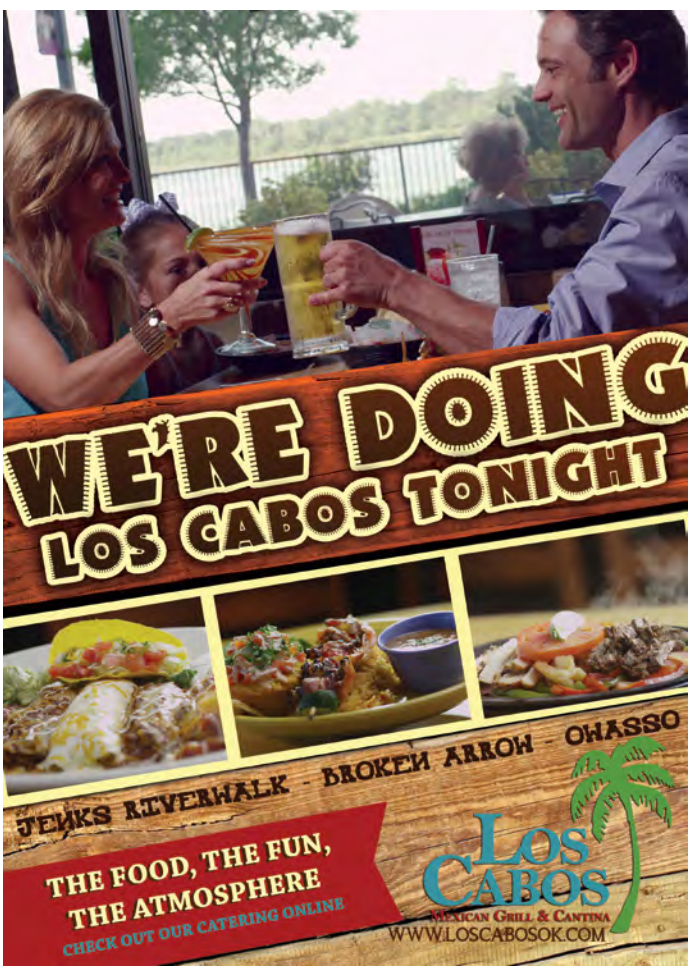
Cost: $12.10



The owner at Baskin-Robbins was really nice, and we traded up the free ice cream we won at Hard Knocks and combined it with their advertised coupon in *Preview* to get an awesome ice cream cake. It was well worth our last $12 and put the cherry on top of our 918 Challenge.

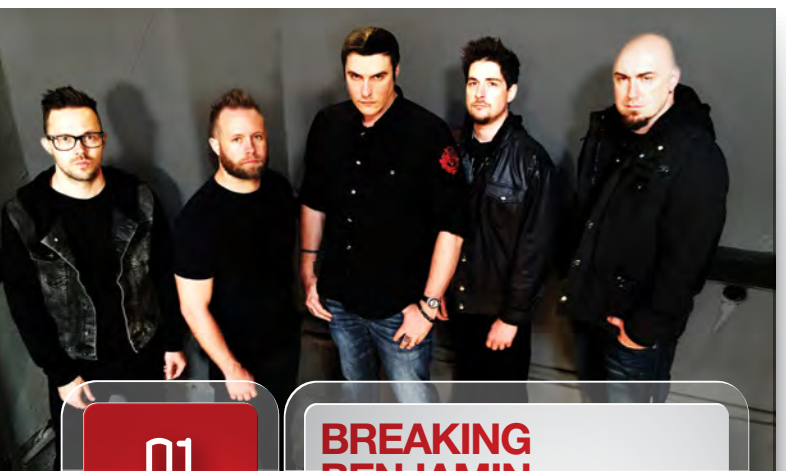
Think you can blow our cash in interesting ways? Like us on Facebook and drop a message with some of your ideas. We might just lace your pockets with green and turn you loose.


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01 MAR

BREAKING BENJAMIN

Brady Theater (Tulsa)

Pennsylvania natives Breaking Benjamin, named after founder and lead singer Ben Burnley, play a brand of metal-tinged alternative rock that came to define the sound of mainstream rock in the early 2000s. Indebted equally to the minor-chord dirges of first-wave grunge rockers like Alice in Chains and the pyrotechnic bombast of vintage arena rock, Breaking Benjamin became one of the most popular rock bands in the United States, scoring a number one with the single "Breath" in 2007. Two of their albums — 2004's *We Are Not Alone* and 2006's *Phobia* — have been certified platinum in the U.S.

The band's various influences included among others, Live, Bush, Pearl Jam, Stone Temple Pilots and Nirvana. Burnley has been quoted as saying that at age 14, he taught himself to play guitar by listening to Nirvana's seminal 1991 release *Nevermind* over and over. Korn and Tool have also been cited as influences, but unlike Korn, Breaking Benjamin doesn't have strong hip-hop leanings and isn't quite alt-metal. That isn't to say that Breaking Benjamin hasn't been influenced by certain aspects of Korn's sound. The Pennsylvanians do incorporate the sort of choppy, downtuned guitars that are quite prevalent in alt-metal, and even though Breaking Benjamin have a lot in common with post-grunge bands like Creed, Default, Cinema8 and Third Eye Blind, they tend to be a bit heavier.



01 MAR

GARY CLARK JR.

Cain's Ballroom (Tulsa)

Texas guitarist Gary Clark, Jr. has been compared to guitar icons like Jimi Hendrix and Stevie Ray Vaughan, and his playing is a powerful and inspired mix of blues roots with contemporary soul and hip-hop. And when he's rolling at his best, he sounds like nothing so much as a natural hybrid of both the past and the future of the blues.

Clark first picked up a guitar at the age of 12 and spent his teens playing whatever gig he could get in the Austin area. An amazing live performer, Clark soon became one of the brightest players on Austin's blues and rock scene. He released an independent album, 2005's *Tribute*, followed by a pair of self-produced albums in 2008.

But Clark was far from just a one-trick pony guitar gunslinger. He could also sing, write and arrange. He wrote the original score for the film *Full Count* and also appeared as an actor in John Sayles' 2007 film *Honeydripper*. In 2010, Clark was selected by Eric Clapton to perform at the Crossroads Guitar Festival. An EP called *Bright Lights* was released in 2011 in advance of the new album *Blak and Blu*, which appeared in the fall of 2012. His next release was the impressive two-disc *Live*, recorded during an 18-month long tour behind *Blak and Blu*, and one that perhaps better represented Clark's wild, impassioned and often elegantly graceful live sets. After more touring, including dates opening for the Rolling Stones and the Foo Fighters, Clark released his second major-label studio set, 2015's *The Story of Sonny Boy Slim*.



03 MAR

BILLY CURRINGTON

Hard Rock Hotel & Casino (Tulsa/Catoosa)

Following high school, Currington made a couple attempts at relocating to Nashville in the hopes of getting a career in music off the ground, finally landing a job there at a concrete company, while still finding time to play at clubs on the side and work on song demos. When singer Mark Wills put a hold on one of his songs, Currington met and began writing with Wills' producer, Carson Chamberlain, which eventually led to a recording contract with Mercury Records. His first single, "Walk a Little Straighter," was released in 2003 and drew heavily on Currington's experiences with an alcoholic father (the chorus for the song was actually written when Currington was only 12 years old).

A debut album, *Billy Currington*, was released in 2003. A second album, *Doin' Somethin' Right*, followed in 2005. Three years later, Currington delivered the eclectic, R&B-inflected *Little Bit of Everything*. In 2010, Currington returned with his 10th studio effort, *Enjoy Yourself*, featuring the Troy Jones co-written single "Pretty Good at Drinkin' Beer." That song went to No. 1, as did "Let Me Down Easy." "Love Done Gone" and "Like My Dog" also reached the country Top 40.

Currington returned to action in 2013, releasing the single "Hey Girl" in March and then delivering the full-length *We Are Tonight* that September. The album spawned the No. 1 hits "Hey Girl" and "We Are Tonight." In 2015, Currington returned with *Summer Forever*, an album preceded by the single "Don't It" and supported by "Drinkin' Town with a Football Problem."



04-06 MAR

A STREETCAR NAMED DESIRE

Tulsa Performing Arts Center

Destitute and distraught, Blanche seeks refuge with her sister Stella and brother-in-law Stanley in the sweltering French Quarter of New Orleans. Blanche soon clashes with Stanley, and he sets out to expose her as an utterly ruined woman with revelations that break her spirit and complete her descent into madness. André Previn's *A Streetcar Named Desire* is a faithful retelling of Tennessee Williams' Pulitzer Prize-winning Southern Gothic play, bringing the story that launched Marlon Brando's career to life with a melodic, jazz-inflected score filled with heartrending singing.



04 MAR

GEORGE THOROGOOD

River Spirit Event Center (Tulsa)

A blues-rock guitarist who draws his inspiration from Elmore James, Hound Dog Taylor and Chuck Berry, George Thorogood never earned much respect from blues purists, but he became a popular favorite in the early '80s through repeated exposure on radio and the arena rock circuit. Thorogood's music was always loud, simple and direct — his riffs and licks were taken straight out of '50s Chicago blues and rock 'n' roll — but his formulaic approach helped him gain a rather large audience in the '80s, when his albums regularly went gold.

Originally, Thorogood was a minor league baseball player but decided to become a musician in 1970 after seeing John Paul Hammond in concert. Three years later, he assembled the Destroyers in his home state of Delaware. Shortly after the Destroyers were formed, he moved them to Boston, where they became regulars on the blues club circuit. In 1974, they cut a batch of demos that were later released in 1979 as the *Better Than the Rest* album.

Thorogood & the Destroyers' eponymous debut was released in early 1977. The group's second album, *Move It on Over*, was released in 1978. The title track, a cover of Hank Williams' classic, was pulled as a single and it received heavy airplay, helping the album enter the American Top 40 and go gold. Thorogood released his major-label debut, *Bad to the Bone*, in 1982. The title track of the album became his first major crossover hit, thanks to MTV's saturation airplay of the song's video. The album went gold and spent nearly a full year on the charts. Thorogood's next three albums after *Bad to the Bone* all went gold.

By the beginning of the '90s, Thorogood's audience began to decrease. None of the albums he released went gold, even though the title track from 1993's *Haircut* was a rock hit. Despite his declining record sales, Thorogood continued to tour blues and rock clubs and he usually drew large crowds. Subsequent efforts included 1997's *Rockin' My Life Away*, 1999's *Half a Boy/Half a Man*, 2003's *Ride 'Til I Die* and 2006's *The Hard Stuff*.



04–06 MAR

10–13 MAR

RENT

Tulsa Performing Arts Center

Set in the East Village of New York City, *Rent* is about falling in love, finding your voice and living for today. Winner of the 1996 Tony Award for Best Musical and the Pulitzer Prize for Drama, *Rent* has become a pop culture phenomenon with songs that rock and a story that resonates with audiences of all ages. This is theatre at its best — exuberant, passionate and joyous.

Based on Puccini's beloved opera *La Bohème*, *Rent* follows the ups and downs of a year in the life of a group of impoverished, artistic friends living in Manhattan's East Village. Mark, an aspiring filmmaker, struggles to find his place in the world; his roommate Roger, an HIV-positive musician, wonders how he will leave his mark before he dies. Mimi and Angel look for true love as they face the harsh reality of life as HIV-positive young people, while the businesslike Joanne seeks fidelity from her wild-child performance artist girlfriend Maureen. The group's dreams, losses and love stories weave through the musical's narration to paint a stunningly raw and emotional portrait of the gritty bohemian world of New York City in the late 1980s, under the shadow of HIV/AIDS.

05 MAR

BERNADETTE PETERS

Broken Arrow Performing Arts Center

One of the biggest Broadway stars of her era, Bernadette Peters was widely acclaimed as the finest singing actress to come along since Barbra Streisand. By 1959, having adopted the stage name Peters, she appeared in a revival of *The Most Happy Fella*, subsequently co-starring in a road tour of *Gypsy*; however, she then retired from performing for a time, extensively studying acting and singing during her late-teen years.

In 1968, Peters won a Theatre World citation for her performance in *George M!*; that same year, she also garnered a Drama Desk Award for her comedic turn in the off-Broadway spoof *Dames at Sea*. During the late '60s and early '70s however, she suffered a series of theatrical disappointments, among them productions of *On the Town*, *La Strada*, *W.C.* and *Mack and Mabel*. As a result, by the mid-'70s she was also regularly appearing in film and television roles. Peters' Hollywood breakthrough arrived in 1979 opposite co-star Steve Martin in *The Jerk*. Two years later, they reunited for the fascinating flop *Pennies from Heaven*.

Returning to Broadway, she reached new peaks of success as the star of a pair of Stephen Sondheim musicals, 1984's *Sunday in the Park with George* and 1987's *Into the Woods*; for her work in Andrew Lloyd Webber's *Song and Dance*, Peters earned a Tony Award. During the late '80s, she mounted a hit cabaret act, which focused largely on show tunes but also included an effective cover of Hank Williams' "I'm So Lonesome I Could Cry." After a disappointing return to Hollywood, Peters reappeared on Broadway in 1993, starring in *The Goodbye Girl*; however, the show closed after less than 200 performances.



07 MAR

CARLY RAE JEPSEN

Cain's Ballroom (Tulsa)



Earning global success with "Call Me Maybe," Canadian pop star Carly Rae Jepsen spent her formative years absorbing pop culture in her hometown of Mission, British Columbia. After attending the Canadian College of Performing Arts in Victoria, British Columbia, in 2007 Jepsen competed in the fifth season of *Canadian Idol*, ultimately winning third place and performing in the show's nationwide tour. By 2008, she had moved to Vancouver and released her debut LP, *Tug of War*, which featured a cover of John Denver's 1974 hit ballad "Sunshine on My Shoulders."

Three years later, Jepsen's single "Call Me Maybe," which drew from dance-pop and disco, attained worldwide commercial success — it topped the Canadian, U.S. and U.K. charts as well as those of 18 other countries, racked up over 700 million views on YouTube and won a Grammy Award nomination for Song of the Year. The *Curiosity* EP, which featured "Call Me Maybe," followed in early 2012. That June, the Owl City duet "Good Time" arrived and peaked at No. 8 on the Billboard charts.

Jepsen's second album, *Kiss*, appeared in September 2012. It won Album of the Year and Pop Album of the Year Juno Awards a year later. Jepsen began work on her third album in early 2013, collaborating with producers Josh Ramsay, Ryan Stewart and Max Martin on songs inspired by '80s pop and folk. In early 2014, she began a 12-week run as the lead role in the Broadway production of Rodgers & Hammerstein's *Cinderella*. She returned with new music in March 2015 with "I Really Like You," which became another Top 40 hit. Featuring collaborations with songwriters including Sia, Devonté Hynes and Ariel Rechtshaid and producers such as Mattman & Robin and Greg Kurstin, her third full-length *Emotion* arrived that August.







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08
MAR

BULLETS OVER BROADWAY: THE MUSICAL

Tulsa Performing Arts Center



The national tour of the new musical comedy *Bullets Over Broadway*, written by Woody Allen and based on the screenplay by Allen and Douglas McGrath for the 1994 film, focuses on a playwright who needs someone to back his next show and a mobster who needs some way to please his showgirl girlfriend. This could be the start of a beautiful friendship. Loaded with big laughs, colorful characters and the songs that made the '20s roar, *Bullets Over Broadway* brings musical comedy back with a bang.

Hailed by *Time* as "Musical Theatre Gold!" and described as "A Fun Machine from Start to Finish!" by *The New Yorker*, the original production of premiered on Broadway last season at the St. James Theatre with performances beginning on March 11, 2014, and an official opening on April 10, 2014. The production received six Tony Award nominations, including Best Book of a Musical and Best Choreography.







11
MAR

RODNEY CARRINGTON

BOK Center (Tulsa)

Rodney Carrington built a cult following through his regular exposure on syndicated morning radio shows, and at the same time relentlessly toured the nation's comedy club circuit. His debut LP, *Hangin' with Rodney*, appeared in mid-1998; *Rodney Carrington: Live* followed a year later and *Morning Wood* in mid-2000. After the 2003 release *Nut Sack*, Carrington landed his own sitcom on the ABC network. Simply titled *Rodney*, it ran for two seasons, from 2004-06. The 2007 album *King of the Mountains* made the Top 20 on Billboard's Country Albums chart and in 2008, Rodney co-starred and co-wrote the feature film *Beer for My Horses* with Toby Keith. Keith would produce *El Niño Loco*, Carrington's first all-songs album, which was released in 2009. After five years off, he returned with the live *Laughter's Good*, including tales of church, Vegas and monkeys eating poop.

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13
MAR

ROBERT PLANT

Cain's Ballroom (Tulsa)

In 1968, a naïve young singer from the Black Country hills in England named Robert Plant was discovered wailing the blues by veteran session guitarist Jimmy Page and bassist/keyboardist John Paul Jones. When Plant recommended his friend John Bonham as the drummer, one of the most successful bands in rock history was born: Led Zeppelin. But the group that started with such force also ended in flames after 12 years, as Bonham's death from alcohol poisoning in 1980 split the band after nine albums. The remaining members went their separate ways, but Bonham's death hit Plant particularly hard.

Starting his solo career in 1982 with his Zeppelin-like *Pictures at Eleven* album, Plant would use a slew of great drummers over the next few years, including Phil Collins, Cozy Powell, Barriemore Barlow and Richie Hayward. Collins appeared on the 1983 follow-up, *The Principle of Moments*, and Plant achieved a lighter touch somewhere between Genesis and Zeppelin's quieter side with tracks like "In the Mood" and "Big Log." But the singer would feed his Elvis Presley infatuation on 1984's *The Honeydrippers, Vol. 1*, teaming with Page and other guests on influential roots rock material.

Refusing to be typecast, Plant then threw a major curve with *Shaken 'n' Stirred*, the 1985 album that approximated new wave through the synthesizer embellishments of keyboardist Jezz Woodroffe and guitarist Robbie Blunt, plus Hayward's use of electronic drums. It was a creative highlight of his career, but despite a hit in "Little by Little," the album sold poorly. Plant took the next few years off, then answered the call for Zeppelin material with 1988's *Now & Zen*, which featured samples from his old group (plus selections from its vault on the subsequent tour). *Manic Nirvana* furthered the post-Zeppelin theme in 1990, and Plant's 1993 *Fate of Nations* proved another artistic high point and found Plant singing Page's name on the hit "Calling to You."

He stayed away from recording until late 2001, when he stepped into the studio with a batch of original material and a few well-chosen covers and recorded *Dreamland*. Taking his penchant for experimenting with ethnic music and blending it with a softer approach to his bluesy pop, he steered in another interesting direction almost 40 years into his recording career. Plant teamed up with bluegrass icon Alison Krauss to release the Grammy-winning collaborative album *Raising Sand* in 2007. Plant next revived the name of his first band, Band of Joy, in 2010 for the self-titled *Band of Joy* release.

Two years later, Plant formed a new band called the Sensational Space Shifters, featuring former Cast guitarist Liam Tyson, which made its debut at that year's WOMAD. They released a digital live album and went on to play a number of festivals, including 2014's Glastonbury. Plant's next solo album, *Lullaby And...The Ceaseless Roar*, featured the band. Released by Atlantic in September 2014, it incorporated blues, rock, folk, world, funk and electronic influences, and was a deeply personal effort that saw Plant reconnecting with his English roots.

15
MAR

R5

Brady Theater (Tulsa)

R5 is a melodic pop/rock ensemble formed in 2009 featuring three brothers — guitarist/vocalist Rocky Lynch, guitarist/vocalist Ross Lynch and bassist/vocalist Riker Lynch — along with their keyboardist/vocalist sister Rydel Lynch. Raised in Colorado, the siblings eventually relocated to Los Angeles, where they met drummer Ellington Ratliff, who rounded out the lineup.

In 2010, R5 released their debut EP *Ready Set Rock*. Since 2012, Ross has appeared as Austin Moon on the Disney TV show *Austin & Ally*. Similarly, Riker had a recurring role on Fox's *Glee*. This helped boost R5's profile, and in 2012 they signed a recording contract with Hollywood Records. In spring of 2013, R5 released their second EP, *Loud*, then followed it up soon after with their debut album, *Louder*.

R5 managed to keep their momentum and after completing a tour of Europe early in 2014, their third EP, *Heart Made Up on You*, was issued in July of that year. "Smile," the first single from their upcoming second album, was released later that year as well. Though they finished the album soon after, the bandmembers decided it wasn't quite what they wanted and convinced the label to let them record some additional songs. The revamped album featured more songs written by the band and showcased a more mature outlook and sound. *Sometime Last Night* was released in July 2015 and entered the Billboard 200 at No. 1.







17 MAR — COLT FORD

Osage Event Center (Tulsa)

The reason Colt Ford's blending of country and rap feels so natural has everything to do with his background, both professional and personal. Just like his closest "hick-hop" competition, Cowboy Troy, Ford grew up listening to country — his first concert was Kenny Rogers and Dolly Parton — along with R&B and hip-hop. When the Georgia native reached adulthood he began writing songs, eventually earning co-writing credits with Jamey Johnson, Jeremy Popoff and the alternative rock band Lit.

After a few years, the popular country music duo Montgomery Gentry became clients, then the urban side of Ford's style was put to use when rapper Bone Crusher and urban superstar Jermaine Dupri came calling. He went from behind the scenes to upfront in 2006 when he wrote "Buck 'Em," the theme for the Professional Bull Riders. In 2008 he released his debut album, *Ride Through the Country*, and went on tour with country music up-and-comer Brantley Gilbert. *Chicken and Biscuits* followed in 2010, with the impressive *Every Chance I Get* arriving in 2011.

By this time, Ford had created a larger than life hillbilly redneck public image, but he was also a sly, passionate and multi-layered writer and businessman. Ford co-wrote songs with Nashville pros like Jeffrey Steele, Craig Wiseman, Rodney Clawson and David Lee Murphy for his next project, *Declaration of Independence*, which appeared in 2012. That record became his most successful to date, and a follow-up, *Thanks for Listening*, appeared just as summer was kicking off in 2014.



18 MAR — BLUE ÖYSTER CULT

River Spirit Event Center (Tulsa)

Blue Öyster Cult was the thinking man's heavy metal group. Put together on a college campus by a couple of rock critics, it maintained a close relationship with a series of literary figures (often in the fields of science fiction and horror), including Eric Von Lustbader, Patti Smith, Michael Moorcock and Stephen King, while turning out some of the more listenable metal music of the early and mid-'70s.

Blue Öyster Cult, their debut album, was released in January 1972 and made the lower reaches of the charts. Their third album, *Secret Treaties*, was released in April 1974 and became their first to break into the Top 100 bestsellers.

In May 1976 came their fourth studio album, *Agents of Fortune*, including the Top 40 hit single "(Don't Fear) The Reaper," which became their first gold and then platinum album. BÖC's sixth overall album, *Spectres*, was released in October 1977 and went gold in January 1978. In September 1978 came a second live album, *Some Enchanted Evening*, which eventually would become BÖC's second million-seller, followed by the studio album *Mirrors* in June 1979. A year later, BÖC released its ninth album, *Cultosaurus Erectus*, with the gold *Fire of Unknown Origin*, containing the Top 40 hit "Burnin' for You," following in June 1981.

19 MAR — ZZ TOP

Hard Rock Hotel & Casino (Tulsa/Catoosa)

This sturdy American blues-rock trio from Texas consists of Billy Gibbons (guitar), Dusty Hill (bass) and Frank Beard (drums). They were formed in 1970 in and around Houston from rival bands the Moving Sidewalks (Gibbons) and American Blues (Hill and Beard). Their first two albums reflected the strong blues roots and Texas humor of the band. Their third album (*Tres Hombres*) gained them national attention with the hit "La Grange," a signature riff tune to this day based on John Lee Hooker's "Boogie Chillen." Their success continued unabated throughout the '70s, culminating with the year-and-a-half-long Worldwide Texas Tour.

Exhausted from the overwhelming workload, they took a three-year break, then switched labels and returned to form with *Deguello* and *El Loco*, both harbingers of what was to come. By their next album, *Eliminator*, and its worldwide smash follow-up, *Afterburner*, they had successfully harnessed the potential of synthesizers to their patented grungy blues groove, giving their material a more contemporary edge while retaining their patented Texas style. Now sporting long



beards, golf hats and boiler suits, they met the emerging video age head-on, reducing their "message" to simple iconography. Becoming even more popular in the long run, they moved with the times while simultaneously bucking every trend that crossed their path. As genuine roots musicians, they have few peers; Gibbons is one of America's finest blues guitarists working in the arena rock idiom while Hill and Beard provide the ultimate rhythm section support.

One of the few rock 'n' roll groups with its original members still aboard after four decades, ZZ Top play music that is always instantly recognizable, eminently powerful, profoundly soulful and 100 percent American in derivation.




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19 MAR

THE CULT

Brady Theater (Tulsa)

Following a succession of name and stylistic changes, the Cult emerged in 1984 as one of England's leading heavy metal revivalists. Picking up the pseudo-mysticism and Native American obsessions of the Doors, the guitar-orchestrations of Led Zeppelin, and the three-chord crunch of AC/DC, while adding touches of post-punk goth rock, the Cult gained a dedicated following in their native Britain with mid-'80s singles like "She Sells Sanctuary" before breaking into the American metal market in the late '80s with "Love Removal Machine."

Though they managed one Top 10 in America with 1989's *Sonic Temple*, the Cult were plagued with offstage tensions and problems that prevented them from retaining their popularity. The band split in 1995 following a pair of unsuccessful records, but returned on an occasional basis for new records — always anchored by vocalist Ian Astbury and guitarist Billy Duffy.



22 MAR

UNDERØATH

Cain's Ballroom (Tulsa)

Since their inception, Florida's Underøath has evolved from a run-of-the-mill Christian metalcore band into a fluid, dynamic and energized rock group that adeptly blends emotive melody, charged punk rock rhythms and a chunky, engaging bottom end.

The sextet released their final album, *Ø (Disambiguation)*, in 2010 before announcing a farewell tour in late 2012 as well as a career-spanning album, *Anthology: 1999-2013*. The band played their final show on Jan. 26, 2013. But by 2015, a reunited lineup — comprised of Aaron Gillespie, Grant Brandell, Spencer Chamberlain, Chris Dudley, James Smith and Tim McTague — launched the Rebirth Tour, where they'll be playing albums *They're Only Chasing Safety* and *Define The Great Line* in their entirety.

Underøath released five studio albums during their decade plus career, including two gold records: *They're Only Chasing Safety* and *Define The Great Line*. *Define The Great Line* debuted at No. 2 on Billboard's Top 200 Album chart and earned the outfit a Grammy nomination for their "Writing On The Walls" video.

Define the Great Line became the highest-charting Christian album on the Billboard 200 since 1997 when LeAnn Rimes took the number one spot with *You Light Up My Life*. Underøath returned to the studio in 2008 for *Lost in the Sound of Separation*, an 11-song behemoth of a record that saw the group adopt a darker, more experimental (yet still undeniably heavy) sound.

24-27 MAR

TORUK: THE FIRST FLIGHT

BOK Center (Tulsa)

Toruk: The First Flight is a live immersive multimedia spectacle that brings to the stage the breathtaking world of James Cameron's *Avatar* like you have never seen it before. Through a fusion of visuals, puppetry and stagecraft buoyed by a soaring cinematic score, Cirque du Soleil applies its unique signature style to Cameron's imaginary world and "makes the bond" between two kindred artistic visions that capture the imagination.

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WEDNESDAY 23 THURSDAY 24 FRIDAY 25 SATURDAY 26
Matt Sadler
Sadler has been knocking audiences dead all over the world for years. With his high-energy approach and machine gun delivery, his crowds have a hard time coming up for air for the whole show. He takes on everything from trivial stuff like the universe and immortality to marriage and cocktails.
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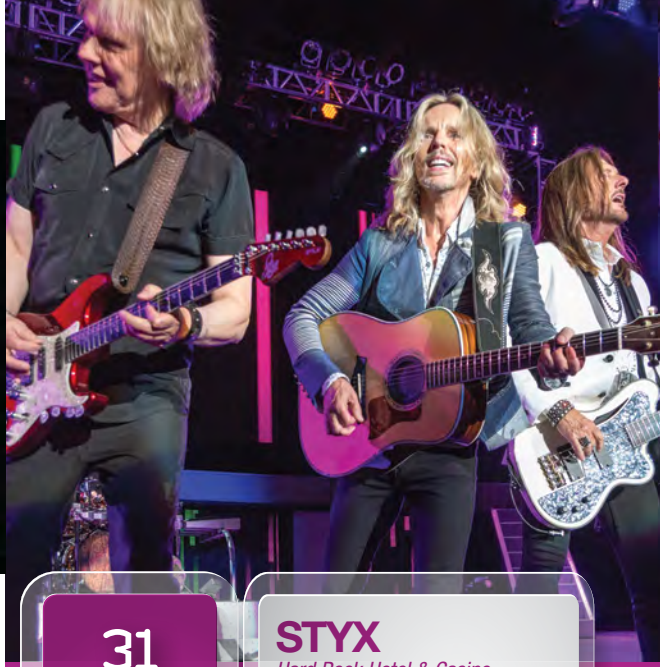
31 MAR

YONDER MOUNTAIN STRING BAND

Cain's Ballroom (Tulsa)

Fusing bluegrass with elements of rock, progressive and improvisational music, the Yonder Mountain String Band have become one of the most celebrated acts on the acoustic music scene, thanks to the group's inventive style and busy touring schedule.

Given the band's collective musical interests, which ranged from punk rock to the Grateful Dead, the Yonder Mountain String Band began attracting an audience that went beyond traditional bluegrass fans, and as they began gigging extensively, they won an especially loyal audience on the Jam Band circuit. In 1999, the YMSB recorded their first album. As their reputation as a live act grew, the Yonder Mountain String Band released *Mountain Tracks, Vol. 1*, an album compiled from their archive of live recordings; it was the first in what would become a series, with the group releasing four more *Mountain Tracks* live sets between 2002-08.



31 MAR

STYX

Hard Rock Hotel & Casino (Tulsa/Catoosa)

Although they began as an artsy prog rock band, Styx would eventually transform into the virtual arena rock prototype by the late '70s and early '80s, due to a fondness for bombastic rockers and soaring power ballads.

Early on, Styx's music reflected such then-current prog rockers as Emerson, Lake & Palmer and the Moody Blues, as evidenced by such releases as 1972's self-titled debut, 1973's *Styx II*, 1974's *The Serpent Is Rising* and 1975's *Man of Miracles*. While the albums (as well as nonstop touring) helped the group build a substantial following locally, Styx failed to break through to the mainstream until the track "Lady," originally from their second album, started to get substantial airplay in late 1974. The song was soon issued as a single nationwide, and quickly shot to No. 6 on the singles chart, as *Styx II* was certified gold.

Tommy Shaw proved to be the missing piece of the puzzle for Styx, as most of their subsequent releases throughout the late '70s earned at least platinum certification (1976's *Crystal Ball*, 1977's *The Grand Illusion*, 1978's *Pieces of Eight* and 1979's *Cornerstone*), and spawned such hit singles and classic rock radio standards as "Come Sail Away," "Renegade," "Blue Collar Man," "Fooling Yourself" and the power ballad "Babe."

Despite the enormous success of "Babe," it caused tension within the group, specifically between Shaw and lead singer Dennis DeYoung, as the guitarist wanted Styx to continue in a more hard rock-based direction, while DeYoung sought to pursue more melodic and theatrically based works. The bandmembers decided that their first release of the '80s would be a concept album, 1981's *Paradise Theater*, which became Styx's biggest hit of their career behind hit singles such as "Too Much Time on My Hands" and "The Best of Times." But the behind-the-scenes bickering only intensified in the wake of the album's success, as DeYoung was now convinced that a more theatrical approach was the future direction for Styx. Shaw and the rest of the group begrudgingly went along, and while the resulting follow-up was another hit, 1983's sci-fi-based *Kilroy Was Here* which eventually led to the group's breakup as the ensuing prop-heavy tour seemed to focus more on scripted dialogue and lengthy films than good old rock 'n' roll.

In the spring of 2003, a new studio album featuring Lawrence Gowan (taking over for DeYoung) arrived in stores. *Cyclorama* featured guest appearances from John Waite, Brian Wilson and actor Billy Bob Thornton. In 2005, Styx released the cover version-filled *Big Bang Theory*, featuring some of their favorite picks from the *Great Rock Songbook*.

also in MARCH

01-05 MAR



JUST BETWEEN FRIENDS
Expo Square (Tulsa)

01-02 MAR

CHANG MU DANCE
Tulsa Performing Arts Center

02 MAR



EXPERIENCE HENDRIX
Brady Theater (Tulsa)

03 MAR



JON PARDI
Cain's Ballroom (Tulsa)

03-05 MAR

MIAMI 125TH ANNIVERSARY CELEBRATION
Downtown Miami

04-05 MAR

PREPARATION FOR THE OBSOLESCENCE OF THE Y CHROMOSOME
Tulsa Performing Arts Center

04-06 MAR



CHARLIE AND THE CHOCOLATE FACTORY
Tulsa Little Theatre (Tulsa)

04-06 MAR



BASSMASTER CLASSIC
Cox Business Center

05 MAR

BOB WILLS BIRTHDAY BASH
Cain's Ballroom (Tulsa)

06 MAR



YELLOW CLAW
Cain's Ballroom (Tulsa)

07 MAR

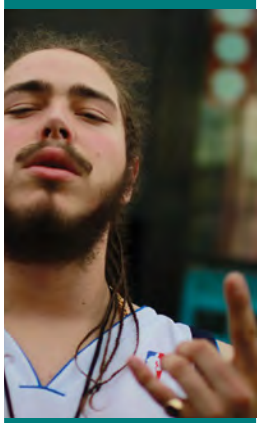
HISTORY OF ROCK 'N' ROLL IN TULSA, PART 1
Woody Guthrie Center (Tulsa)

09 MAR



PAPADOSIO
Cain's Ballroom (Tulsa)

10 MAR



POST MALONE
Cain's Ballroom (Tulsa)

10-13 MAR



GREATER TULSA HOME & GARDEN SHOW
Expo Square (Tulsa)

10-12 MAR

PDRA NATIONAL SERIES OPENER
Tulsa Raceway Park

11 MAR

ST. PADDY'S PARTY
Downtown Claremore

11-13 MAR

GRAND LAKE BOAT & SPORT SHOW
Civic Center (Grove)

11-13 MAR

OUTDOOR SPORTING EXPO
Claremore Expo Center

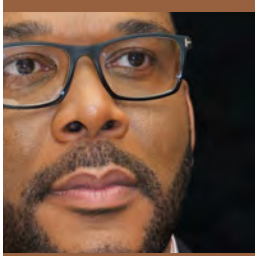
11-13 17-19 MAR



BUDDY: THE BUDDY HOLLY STORY
Tulsa Performing Arts Center

also in MARCH

11–13, 18–20 MAR
THE FLICK
Tulsa Performing Arts Center

11 MAR

TYLER PERRY'S MADEA ON THE RUN
Brady Theater (Tulsa)

12 MAR

PEPPA PIG LIVE
Brady Theater (Tulsa)

12 MAR
SHAMROCK THE 'VILLE
Downtown Bartlesville

12 MAR
SHAMROCK THE ROSE
Rose District (Broken Arrow)

12 MAR

FLYING FEZ WINE TASTING FESTIVAL
Bedouin Shrine Temple (Muskogee)

12 MAR
TSO CLASSICS: BENEATH THE SCORE
Tulsa Performing Arts Center

13 MAR
WINTER JAM
BOK Center (Tulsa)

15 MAR

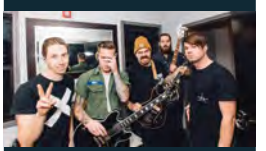
AWOLNATION
Cain's Ballroom (Tulsa)

17 MAR

ST. PATRICK'S DAY

18 MAR
SPRING FLING
Cox Business Center (Tulsa)

18–20 MAR
TULSA BALLET: MASTERS OF DANCE
Tulsa Performing Arts Center

19 MAR

SILVERSTEIN
Cain's Ballroom (Tulsa)

22 MAR
DUO AMAL
Tulsa Performing Arts Center

24 MAR

THE WONDER YEARS
Cain's Ballroom (Tulsa)

24–27 MAR
GREEN COUNTRY'S MIDSOUTH TACKLE AND HUNTING SHOW
Expo Square (Tulsa)

26 MAR
RUN THE VILLE
Downtown Bartlesville

29 MAR
DUAL PIANOS RAGTIME
Tulsa Performing Arts Center

30 MAR
TECH N9NE'S INDEPENDENT POWERHOUSE TOUR
Cain's Ballroom (Tulsa)

31–01 MAR APR
INDIAN TERRITORY DAYS
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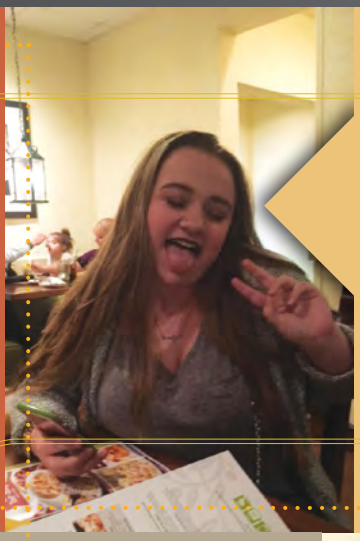


IT HAS TO BE GOOD!



Even though I got life flighted out of South Padre one year, I ended up being on MTV and living to tell the tale.

—Matt



I went with my church on a mission trip to help clean up and restore the property of a missionary in Texas.

—Katy

Once I went to Daytona Beach and got bit by a brown recluse, and spent the rest of the week in the hospital — not my best trip ever.

—Jose



Once we lost a friend on spring break for two days. She ended up being in another city.

—Abby





When we went to our grandparents' house in Sanibel Island (Fla.) and went to the beach.

—Lila

And Lila got scared that crabs were going to eat her and I laughed.

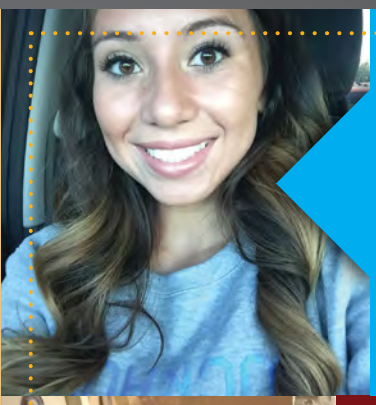
—Harper



When my friends left me in Panama City Beach and I had to pay for a plane ride home. I flew to Dallas instead for an extended spring break.

—Eric

What is your best SPRING BREAK



I woke up one morning and one of my roommates was missing. She had been arrested and we had to sell a laptop and some jewelry to bail her out before 6 a.m. practice the next day.

—Olivia



One year, spur of the moment, my friend and I drove to Gulf Shores to stay with her ex-boyfriend. Oh, and we got tattoos on the way.

—Hannah



Going to Chicago was probably my coolest trip, but I have always had the most fun on spring break with my friends.

—Bailey



My favorite spring break was going on a Disney cruise in the Bahamas.

—Samantha

When I took a trip to South Padre with my friends. We went down to Mexico for a day and they ended up leaving me there. I had to bum a ride back to Padre in the bed of a little old truck with about 10 other guys.

—Dean



I used to be a calf roper and went to a rodeo in Kansas where I was in charge of sound equipment. That was a good time.

—Brent





I'd rather not incriminate myself on a public forum.

—Lee



Went to Panama City Beach (Fla.) and relaxed on a beach for a week.

—Kati

story?

WANT TO JOIN THE DISCUSSION?

We'll post a question on our Facebook each month.
Give us an answer and photo, and you might end up in our magazine.



Connecting CREATIVELY

WRITTEN BY: Michele Chiappetta

Social Media Tulsa is quickly making a name for itself with its live coverage of local events and its annual conference that helps people and businesses get noticed in a noisy world.









"We're social, people! Let's be social!"

With words like these, Social Media Tulsa's organizer extraordinaire, Cheryl Lawson, encourages members of the SMTulsa group to have a blast hosting the sixth annual SMTulsa Conference this March. Aimed at sharing best practices for customer outreach and social media use with local and regional businesses, SMTulsa inspires its conference attendees to make the most of technology tools to grow their business.

SMTulsa itself is growing yearly but its beginnings were humble, the result of Lawson's return to the area for family reasons.

"After moving back home to Tulsa in 2010 to be here for my mom after my dad passed away, I started Social Media Tulsa as a Meetup group," says Lawson. "It was a way to connect with other geeks like me, people using social media to rock their businesses, non-profits and personal brands." (Lawson owns Party Aficionado, which helps businesses create social marketing strategies for their brands and live events.)

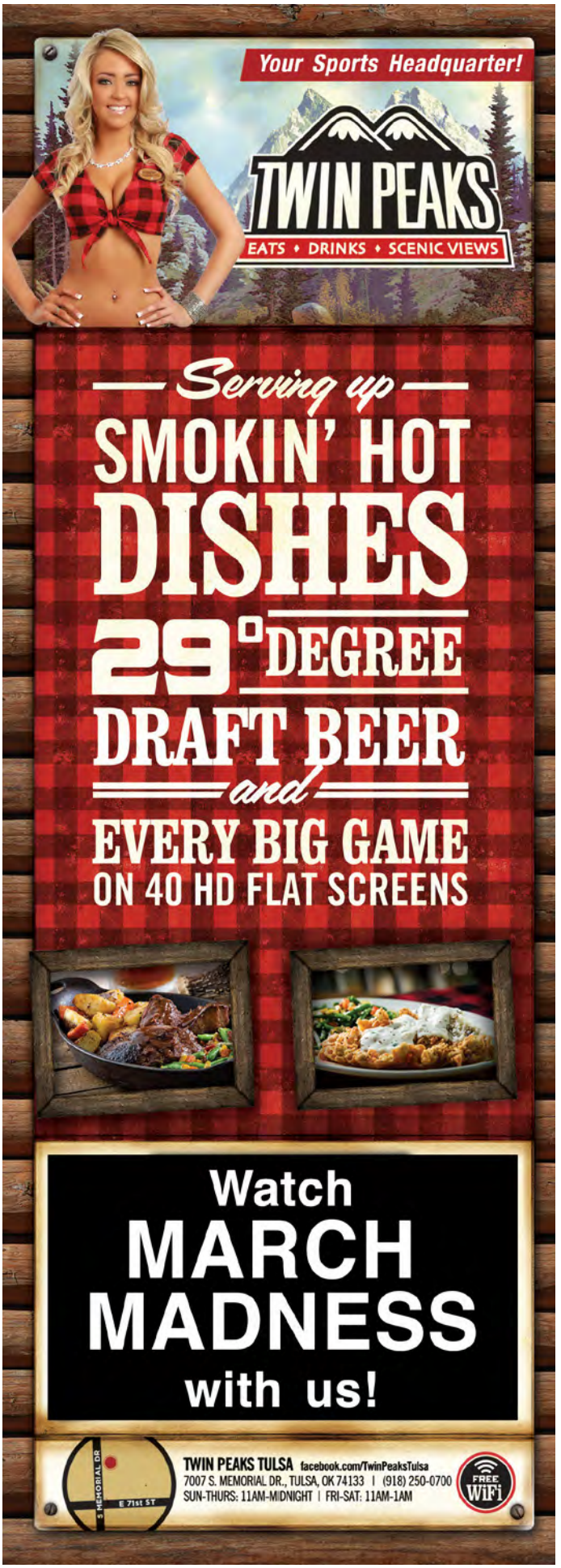
Soon after the Meetup group's launch, global media giant Mashable announced their Social Media Day. Lawson wanted to participate. "I went to the site to see if anyone had scheduled anything in Tulsa and no one had," she explains. Mashable invited her to organize something. "And I accepted the challenge," she says. The group had its official first meeting at Fat Guys Burger Bar in the historic Greenwood District.

After that, the group grew steadily. Regular meetings took place in various T-Town restaurants and bars, with local speakers sharing their expertise. But what Lawson took note of was the sense of community.

"People were helping each other," she says. "We made our meetups social events, connecting people from all over the city offline and staying connected online."

That sense of connection led to Social Media Tulsa's annual conference. "As more and more people came to the group wanting to learn more about social media, it occurred to me that we still needed to have some form of knowledge sharing," she says. Held in March 2011, SMTulsa's first conference highlighted the area's continuing need for social media acumen.

"I think many local businesses had tried social media previously," says Lawson, "and because there wasn't an instant sales increase or the follower count didn't mean much, they discarded it as a trend. Today, most business owners and marketers understand that they need to have a social business. Our conference is designed to help their team do just that."


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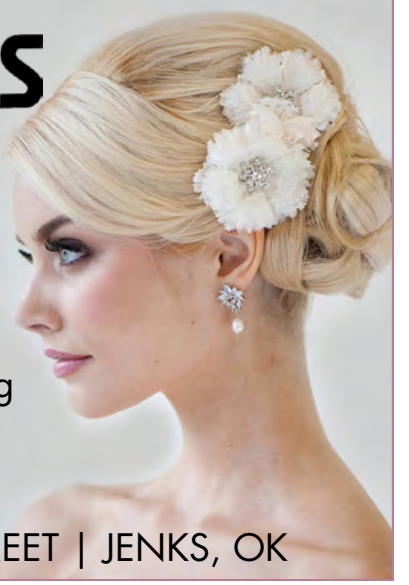
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Past attendees have seen great impact from the conference. "I've seen the difference in how companies post and interact on social," Lawson notes. "I'm seeing a lot more strategic postings and interactions. Companies who were not utilizing sites other than Facebook start to venture out on Twitter, Instagram and other specific networks once they hear or see how others have used it to reach their goals."

This year's conference is being held March 31-April 1 at Aloft Hotel in downtown Tulsa. Each session covers topics designed to help companies, managers and personal brands "rock" as social marketers. Lawson brings in a diversity of speakers — "a unique feature of our conference and an important part of the planning. Women, people of color, people of all age groups are represented on our stages, a point of personal pride."

Conference attendees also enjoy a warm environment that encourages relaxed, fun networking. "I really like our conference to feel like you've come to my home to meet the smartest people I know," says Lawson. That includes laughing, entertaining and feeding people. There are even Girl Scout cookie breaks, a favorite of attendees. All in all, it makes for a unique conference for both attendees and speakers.

"To be honest, there isn't another conference like this one," Lawson says. "I believe the difference is that we started as a community, and we bring that to our conference. Members of Social Media Tulsa are there welcoming people in. Then there's that whole, 'you're in my living room' feeling. I'm there if someone needs me."

Another unique feature of SMTulsa's annual conference is its affordability. "I tend to compare our conference to those in larger cities," says Lawson. "The big difference is the price. While they charge over $1,000, our conference is an affordable $375, and we offer discounted registration for non-profits, students and educators at just $275."

This year's speaker list includes over 20 thought leaders, including Curtis Midkif, senior advisor on the social business team at Southwest Airlines; Candace Timmons from the University of Oklahoma; international activist Mark Horvath; Tulsan of the year Marq Lewis; and the keynote speaker, Rob Hatch, president and co-founder (with Chris Brogan) of Owner Media Group Inc.

Come for the knowledge, says Lawson. "There is always something new to learn. Whether it's a new tool or approach to a strategy, there is something for everyone at the SMTulsa Conference. There's so much content in just two days. It's insane."











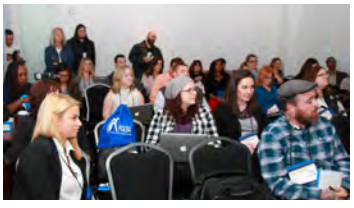


SMTULSA SOCIAL BUSINESS CONFERENCE

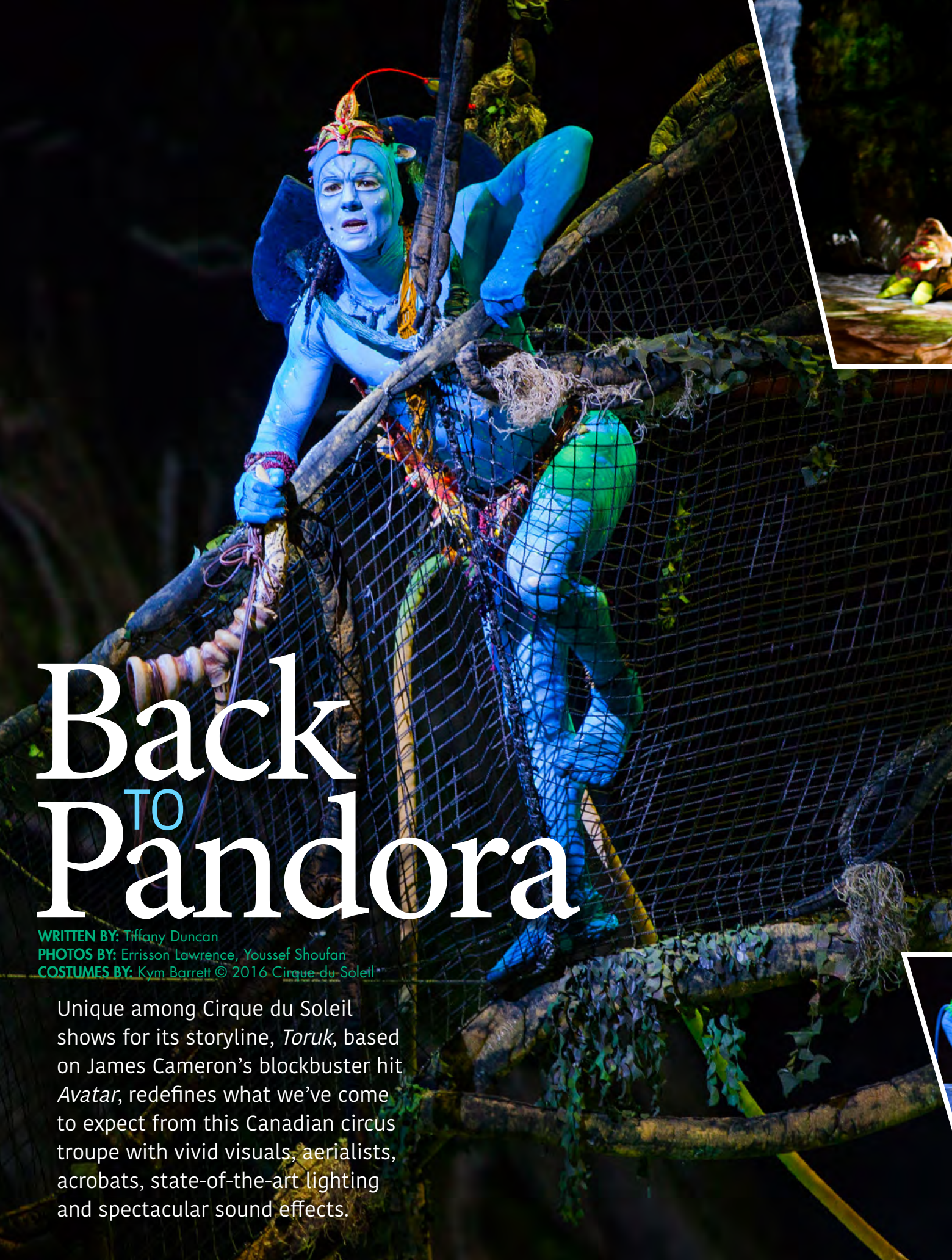
Aloft Tulsa Downtown

smtulsa.com

March 31-April 1







Back TO Pandora

WRITTEN BY: Tiffany Duncan
PHOTOS BY: Errisson Lawrence, Youssef Shoufan
COSTUMES BY: Kym Barrett © 2016 Cirque du Soleil

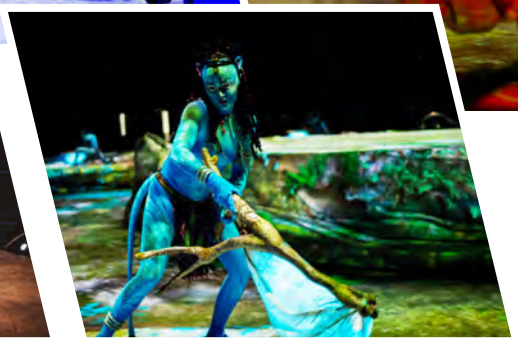
Unique among Cirque du Soleil shows for its storyline, *Toruk*, based on James Cameron's blockbuster hit *Avatar*, redefines what we've come to expect from this Canadian circus troupe with vivid visuals, aerialists, acrobats, state-of-the-art lighting and spectacular sound effects.











Vous n'avez encore rien vu. Loosely translated, that's French for "you ain't seen nothin' yet." And for the Quebec-based organization known around the world as Cirque du Soleil, this phrase certainly sums up their new production *Toruk: The First Flight*.

Based on director James Cameron's cinematic phenomenon, *Avatar*, Cirque du Soleil's *Toruk* takes us back to the fictional planet of Pandora for another visually stunning adventure with the Na'vi tribe. But this time the action is live, taking place only feet from the audience in a suspended, high-flying wonderland.

"*Toruk* is a completely different type of show for both Cirque du Soleil and entertainment as a whole," says Laura Silverman, publicist for the production. "For Cirque du Soleil it is a lot of firsts — the first time presenting a show inspired by a movie, the first time having an English-speaking narrator guide the audience, the first time incorporating puppeteers and large scale puppets as well as kites and more."

The production is set up as a prequel to *Avatar*, happening thousands of years before humans set foot on Pandora. The story centers on Ralu and Entu — two boys from the Omaticaya clan on the brink of adulthood — and newfound friend, Tsyal, as they try to stop a natural catastrophe from destroying the Tree of Souls — the life source for the Na'vi people. The trio embarks on a journey to seek out Toruk, a great sky ruler who holds the power to save the Na'vi.

> "The creation process for the artists in this show was about four months from the first day they arrived until the first show."

"James Cameron has always been a fan of Cirque du Soleil," Silverman states. "When creating *Avatar,* he mentioned drawing inspiration for how the Na'vi move and act from Cirque du Soleil performers. There was a desire from James Cameron and Cirque du Soleil to collaborate, and working with *Avatar* was the perfect option. Every element of *Toruk* has been approved by Cameron and his co-producer, Jon Landau."

In order to recreate the vivid, buoyant world of Pandora on a live stage, multi-media stage directors Michel Lemieux and Victor Pilon have pioneered an entirely new realm of set design for *Toruk*. And what they've brought to life is a massive playground for the audience's imagination.







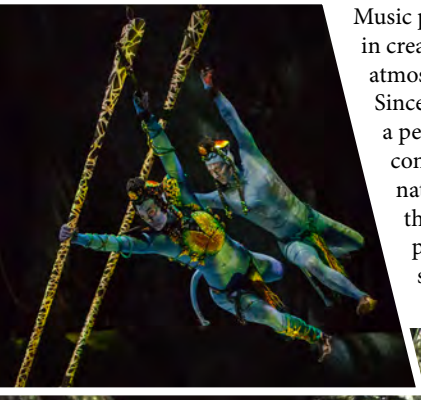




"Unique with this show is that we are using the entire arena floor for the stage and set — it is quite massive. We are also using video projection and special effects in a new way. The entire stage and set are covered by projections — we have 40 projectors on tour — to bring to life the flora and fauna of Pandora to really create a unique and immersive atmosphere," says Silverman.

These projections will also provide large-scale setting images like the Floating Mountains and the Omaticaya Hometree, as well as create illusions like earthquakes and a volcano eruption. Projections are also frequently cast beyond the stage, creating ocean waves or a nighttime sky full of stars right over the crowd for a more interactive experience.

> "*Toruk* is a completely different type of show for both Cirque du Soleil and entertainment as a whole."



Music plays a huge role in creating the mystical atmosphere of the story. Since the Na'vi are a people intimately connected with nature, much of the production's pre-recorded soundtrack was made by hauling sound equipment out into the woods. The show features many organic, unfiltered sounds like footsteps walking in dry leaves, or a stick hitting a tree trunk to create tribal-sounding beats. A male percussionist and a female vocalist also perform live along with the soundtrack to create the show's enchantingly, whimsical score.

Perhaps the most entrancing element of the production however, is the actors themselves. Performing acrobatics on a stage specially equipped with rebound surfaces to maximize thrust and momentum, they move with unparalleled strength and grace. The production also utilizes a state-of-the-art light tracking system in which certain lights react to the actor's movements in real time. This is accomplished through the use of tracking devices hidden within the actors' costumes to further elevate the magic of their movements.

Spectators will sincerely believe they are watching a different species move across the stage, but the







performers didn't become Na'vi overnight. Earning a spot on the Cirque du Soleil tour and then training to dazzle audiences with the body's physical capabilities is a long and rigorous process.

"We hold auditions for specific disciplines in cities around the world and have scouts all over the world constantly looking for new performers. Once an artist is accepted by Cirque du Soleil, it could be years until they are hired for a show. But when the right opportunity opens up, they will reach back out to the artist," says Silverman.

Once the performers are asked to join a tour, the real work begins. And for *Toruk*, training was almost double the intensity because of the peak physical condition of the Na'vi people. Because the Na'vi also have a deeply spiritual connection to nature that allows them to move with ethereal grace, the performers were further challenged to adopt new ways of movement completely foreign to the gravity-inhibited human body.

"The creation process for the artists in this show was about four months from the first day they arrived until the first show," says Silverman. "During this time they trained 8-12 hours a day, six days a week. It was a very intense process to get the show up and running."

Cirque du Soleil means Circus of the Sun — a fitting title for an organization made up of glittering grace, soaring stunts and only the very highest tier of talent. Cirque has delighted the imaginations of over 160 million spectators in over 60 countries on six continents, and they are promising *Toruk* to be their most dazzling production yet.

"For anyone who has seen a Cirque du Soleil show before, be prepared for something completely different with *Toruk*. This is a live, immersive, multi-media spectacle unlike anything we've presented before," Silverman says.









TORUK: THE FIRST FLIGHT

BOK Center | Tulsa

bokcenter.com

March 24-25: 7:30 p.m.
March 26: 4 p.m., 7:30 p.m.
March 27: 1:30 p.m., 5 p.m.

GREEN DAY

It's that time again ... time to don your lucky green and get out there to celebrate St. Patrick's Day. And we're here to give you some tips on where to go, when to do it and how to make the most of your fun. Trust us, it doesn't matter if you're actually Irish. You don't need a four-leaf clover to participate. And you don't necessarily have to empty your wallet of its green to have a great time.

On St. Patrick's Day in Tulsa, you're an honorary member of the Celtic tribes and fun is yours for the taking. Just riffle through your closet for your favorite green scarf or sweater, channel your inner leprechaun and get out to one or more of Green Country's best-loved St. Paddy's Day festivities.



ST. PATRICK'S DAY RUN

March 12

3900 S. Peoria Ave. (Tulsa)
Fun Run 8:30 a.m. | 5K 9:15 a.m.

St. Paddy's Day isn't until March 17, but don't wait that long to start having an Irish blast. Those who like to be active can kick off the fun early with a 5K race. Now in its 34th year, Tulsa's Annual St. Patrick's Day 5K Run benefits Special Olympics Oklahoma and the Tulsa Running Club. A favorite of many local runners, this event is a great way to raise funds for a good cause. Not a runner? Sign up for the mile fun run/walk. Door prizes will be awarded.



March 17

MCNELLIE'S

100 S. Elgin Ave. (Tulsa)
10-1:45 a.m.

If you're not sure how many days, hours, minutes and seconds remain until St. Pat's Day is here, go to McNellie's website. They are so all about the green, they have a countdown clock on their home page. It's reassuring to know that a classic bar like McNellie's has Tulsa covered in the crucial don't-miss-the-green-beer category. They'll be celebrating all day March 17. Drink up, enjoy the annual street party and then crawl home quietly.



WOODY'S CORNER BAR

200 S. Elgin Ave. (Tulsa)
3 p.m.-Midnight

Another iconic Blue Dome District bar, Woody's is famed for its St. Patrick's Day celebrations. One of the most popular Irish holiday destinations in T-Town, Woody's is expecting around 7,000 people to come through its doors to get their green on. Woody's has many beers on tap, daily specials and happy hour from 4-7 p.m. to get you warmed up for your Irish party plans.

To celebrate St. Patrick's Day, you don't need a four-leaf clover to participate. And you don't necessarily have to empty your wallet of its green to have a great time.

WRITTEN BY: Michele Chiappetta

March 17

KILKENNY'S IRISH PUB

1413 E. 15th St. (Tulsa)
Noon to Midnight

Lasses and lads, come one, come all to Kilkenny's, the Irish bar in the heart of the Cherry Street District. Known for drawing a friendly, fun-loving crowd every day of the week, this is a terrific spot to enjoy Irish meals and a variety of ales alongside your pals. Feed on fish and chips, boxty, Irish nachos, Scotch eggs, burgers, fries, salads or whatever else you may be craving. Wash it down with some Guinness or a strong Irish coffee, and let your Irish heart be light.



March 17

ARNIE'S BAR

318 E. 2nd St. (Tulsa)
11-2 a.m.

This year, Arnie's is celebrating its 60th year of St. Paddy's Day partying. A Tulsa staple for more than 50 years, Arnie's is now housed downtown in the hip Blue Dome District, where it occupies a beloved place in the heart of everyone who loves beer. On any given day, they serve up tons of Irish beer selections. But what better day to sample them along with Arnie's traditional street party? Hang out here, or hop from here to McNellie's and back.

March 12

SHAMROCK THE ROSE

Main Street (Broken Arrow)
4-10 p.m.

Hit the party circuit early by visiting Broken Arrow's third annual St. Patrick's Day Celebration in the heart of the artsy Rose District. Shamrock the Rose features live entertainment on outdoor stages, tasty green beer stations, a craft beer garden, art displays by local artists, food trucks and more. Get a VIP ticket and enjoy private parking, free food and beer, and a chance to meet the performing musicians. A silent auction benefits the charity Soldier's Wish.

March 17

THE LOONY BIN

6808 S. Memorial Dr. (Tulsa)
7:30 p.m.

If laughter and a good show are more your speed than a street party, beat a path for the Loony Bin. St. Paddy's Day tickets are a mere $2. Headlining the show is Quinn Patterson, who honed his funny bone chops in the famed Second City troupe. Patterson uses a unique blend of personal anecdotes, social commentary, physical comedy, audience participation and comic reenactments of everyday moments to get you laughing until your sides hurt.







SWEET 16

IF YOU CAN'T MAKE IT TO THE NCAA TOURNAMENT GAMES, ONE OF THE BEST PLACES TO WATCH THE ACTION IS IN A SPORTS BAR WITH MULTIPLE HIGH-DEFINITION TELEVISION SCREENS, GOOD FOOD AND DRINK, AND A LIVELY CROWD SUPPORTING DIFFERENT TEAMS. **WRITTEN BY:** Rob Harmon

Put on your dancin' shoes and let the madness begin. It's time for a little bracketology. We've all been here before, but it's different every year and completely unpredictable. That's the beauty of March Madness. You never know which Cinderella will show up to the Big Dance.

While there are some sports fans who prefer to watch the games in the comfort of their own homes, the general consensus is that the best place to watch the action is inside a sports bar with multiple high-definition television screens, good food and drink, and a lively crowd supporting the various teams.

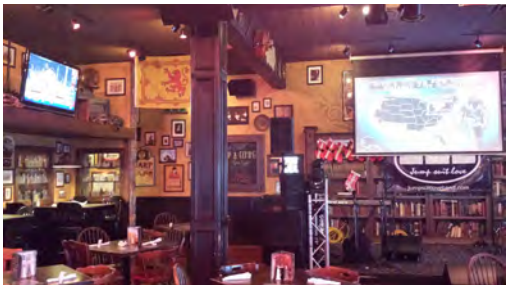
So, while you've been contemplating your Elite Eight and fantasy Final Four picks, we've been compiling our own sweet 16 — 16 of Green Country's best places to watch your favorite teams during this year's NCAA Division I men's and women's basketball tournament while digging into grub and drinks. Not to mention, you'll also have plenty of shoulders to cry on when your bracket gets destroyed after a few upsets.



ALBERT G'S

421 E. 1st St. | Tulsa
2748 S. Harvard Ave. | Tulsa

This is barbecue country and with smokers rocking around the clock, plates of pulled pork, short ribs, hot links and brisket will be hitting the tables at both Albert G's locations. The smoked chicken wings — seasoned with G's rub, slow smoked and fried for crispiness, then tossed in your choice of sweet, hot or roughneck sauce — are a perfect snack while catching a game on one of the 60-inch flat screens mounted in the urban restaurant.



BAKER ST. PUB & GRILL

6620 S. Memorial Dr. | Tulsa

You don't have to be Sherlock Holmes to locate a great pub in South Tulsa. Conveniently located for lunch, dinner and late night hangouts, Baker St.'s English fare may have you thinking, "Oh my cod." Just as a bar should, Baker St. has a substantial drink menu, with everything from domestic beer to mixed drinks and more. But make sure you locate the bathrooms before you swig one too many … you've been warned.



CHIMI'S

1304 E. 15th St. | Tulsa
5320 S. Harvard | Tulsa
6709 E. 81st St. | Tulsa

A Tulsa tradition since 1983, Chimi's features big screens at the Cherry Street location, and all the projectors at their spot at 81st and Sheridan rock. Amazing Mexican food, drinks and margaritas will keep you satisfied while your team is rockin' it to the next round, or drown your sorrows, based on how your bracket is performing.



DAVE AND BUSTER'S

6812 S. 105th E. Ave. | Tulsa

For 33 years, D&B has been feeding and entertaining any and all looking to chow down on good food, knock back a few cold ones and let out their inner-child. The lengthy menu has plenty of hearty appetizers and entrées for guests to fuel up before they get their game on. With nine beers on draft and beer tubes that hold up to 100 ounces of ice cold beer, there are libations-a-plenty to keep the party going all night long.



FAT DADDY'S PUB AND GRILLE

8056 S. Memorial Dr. | Tulsa

Play some pool, have a cold one, get a little raucous after your team advances, but only after having amazing food off the grill with some of the best service around. This neighborhood bar is friendly and fun, and be assured the games will be on throughout the bar. There is an awesome array of appetizers, burgers, sandwiches, pastas and desserts.



HOOTERS

8108 E. 61st | Tulsa

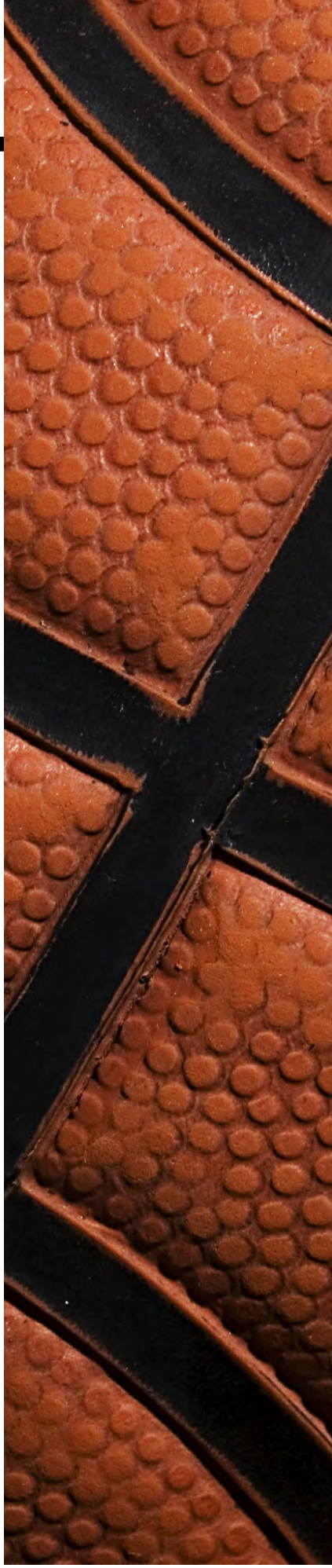
Building on the Hooters legacy of hot wings, seafood and sandwiches, they've been aggressively elevating the experience to the top of the food chain by evolving their menu to include a delicious selection of appetizers, fresh salads, hearty sandwiches and signature burgers. In addition to their ice-cold beer selection, they've expanded the beverage menu to include a variety of specialty drinks, wine and cocktails. Request the channel of whatever school you're rooting for and sit in on deals on Budweiser and Bud Light and play games to win prizes. Snack on courtside eats and watch multiple screens playing all of your favorite basketball games.



HOP BUNZ

3330 S. Peoria | Tulsa

Eat, drink and be hoppy at the Brookside joint where all the burgers wear condiments — Hop Bunz. This isn't your typical beef burger patty joint. These next-level burgers are made with a blend of sirloin, chuck and bacon. Yes, bacon. Need we say more? Many of the beer options come from Oklahoma breweries. Signature cocktails, bloody mary's, wines and adult milkshakes are also available to those guests with an affinity for the drink.





LEFTY'S ON GREENWOOD

10 N. Greenwood | Tulsa

A decidedly different take on downtown food and drink. Across the street from ONEOK Field, the place features 11 televisions, 14 beers on tap, classic and modern cocktails, balanced food selection, in-door mezzanine, outdoor patio and some great bartenders and servers.



LOUIE'S GRILL AND BAR

1640 N. 9th | Broken Arrow
813 E. A. St. | Jenks
6310 E. 101st | Tulsa

Louie's is a casual American-fare grill and pub. It serves a variety of mid-priced food and beverages in a come-as-you-are atmosphere. Louie's is positioned as a neighborhood restaurant with strategically placed flat screen televisions featuring your favorite regional sporting events. It's a great place to unwind with friends and family every day of the week. It features a popular wine list, extensive beer brews, as well as several specialty drinks. There is nothing over $10 on the menu and the portions are appealing.



MAIN STREET TAVERN

200 S. Main | Broken Arrow

A favorite restaurant to many around Green Country with an excellent menu. Located in the beautiful Rose District of Broken Arrow, it's a nice spot for all occasions with a unique downtown feel and a nice spot to catch some NCAA hoops. Offers a full bar with 28 beers on tap, a large selection of wines, spirits, and craft beers along with high-quality food.

MIDLETON'S BAR & GRILL

9711 E. 81st | Tulsa

They know how to make you feel like one of the



gang. They won't make you feel bad when your team loses, and you better believe they'll be jumping up and down when your team wins. It's just that kind of place. Serving up some of your favorite Irish dishes, the pub also features 25 beers on tap and a wide variety of import, craft and specialty bottled beers. There's not a bad seat in the house with 13 big screens.



RIVER SPIRIT SCOREBOARD SPORTS BAR

8330 Riverside Parkway | Tulsa

Set yourself directly in front of the 103-inch Godzilla-tron. You'll see every pick and roll, three-second violation and double dribble. Or pop a squat by one of the 20 other HD big screens. Where else can you see the game, eat and drink all you can, and possibly walk out with more money than when you came in after visiting the casino's 200,000-square feet of table games, electronic games and poker?



ROOSTER'S COCKTAILS

8215 S. Regal Boulevard | Tulsa

The folks at Rooster's will be there for basketball junkies until the final strand of net gets cut down by the winner. Until then, you can catch all the action on one of their 13 big screens while enjoying $2 Coors and Killian's drafts. Between games, shoot some free pool on one of the two tables or head back to the bar to sample from the 30-plus draft beers (10 from local breweries) and over 50 bottle selections. They will also be hosting a March Madness bracket challenge with the winner getting a $50 bar gift certificate.

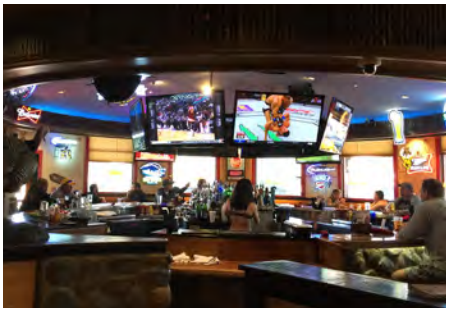
SUTURES

7133 S. Yale | Tulsa

Sutures has been around, and they've figured out how to have a good time. Watching the game, you'll find yourself cutting to a basket of Doc Crustacean's



peel and eat shrimp or Dr. Joyce Brothers Nachos. Scrub in and you'll be happy to see how these guys operate.



TWIN PEAKS

7007 S. Memorial | Tulsa

Welcome to your mountain lodge getaway. At Twin Peaks, they offer everything you crave and more: hearty, made-from-scratch comfort food, draft beer served at a teeth-chattering 29 degrees and all the best sports on TV shown on high-definition flat screens. All of this is served by friendly and attentive Twin Peaks Girls, offering their signature "girl next door" charisma and playful personalities to ensure that your adventure happens at the Peaks. P

ALSO CHECK OUT

Buffalo Wild Wings
7568 S. Olympia | Tulsa
9263 N. Owasso Expressway | Owasso
2080 S. Highway 66 | Claremore
6222 E. 41st | Tulsa
1151 N. 20th St. | Broken Arrow

Caz's Chowhouse
18 E. Brady | Tulsa

Fox & Hound
7001 S. Garnett | Broken Arrow

Leon's
3301 S. Peoria | Tulsa

Los Cabos
300 Riverwalk | Jenks
151 Bass Pro Drive | Broken Arrow
9455 N. Owasso Expressway | Owasso

Magoo's
5002 S. Memorial | Tulsa

Napa Flats
9912 S. Riverside Parkway | Tulsa

PJ's Pub & Grill
9999 S. Mingo | Tulsa

Russo's Coal-Fired Italian Kitchen
8941 S. Yale | Tulsa

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7891 E. 108th St. | Tulsa

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SPRING BROKE

WRITTEN BY: Ryann Gordon









If you can't afford to get out of town for spring break, get creative, make the best of it and have a blast even in your own backyard.



Many are planning spring break trips to Cabo and Las Vegas, but you may be too broke for even a one-night stay at a hotel in Dallas. You don't have to drop a bunch of cash to feel the essence of vacation season though, because Tulsa has more than enough opportunities to feel the thrill without breaking the bank.

Don't sit on your couch and mope about the fact that you're not spending spring break on a beach or mountain resort. Make your own vacation from home. Go to the lake, the casino, a new restaurant or just spend an afternoon laying out on your roof, and experience some of Tulsa's exciting attractions and not-so-far-away getaways.

GO ON AN ADVENTURE

Nestled in the forearm of the Ozark Mountains, Tulsa's many hills, trees surrounding lakes, rivers and state parks are booming with outdoor activities. Take a trip to one of the surrounding lakes and camp out at one of the state parks, hike Turkey Mountain, travel to Mohawk Park and visit Oxley Nature Center, spend the night in a cabin at Eagle Bluff next to the river in Tahlequah or just walk one of the trails at River Parks, and give some appreciation to the beauty that Green Country has to offer.

GET YOUR GAMBLE ON

Oklahoma is one of the few places in the area where you can gamble, and Tulsa has some of the finest collections of casinos in the state. Go to the Hard Rock Casino and spend a night in one of their luxury suites, or make your way to the Vegas-style River Spirit Casino and visit Jimmy Buffett's 5 O'Clock Somewhere Bar, then indulge in their 24-hour buffet — it's the largest in the state.

PARTY FOR PADDY'S DAY

There's no better way to feel that spring break fever than to celebrate St. Paddy's Day with the enthusiasm of a Nola-bound college kid. Many of the bars around Tulsa have St. Patrick's Day specials and not to mention the odd number of Irish pubs in the Tulsa area: McNellie's, Arnie's, Fat Daddy's, Baker St., Kilkenny's, Midleton's, C.J. Moloney's … need I go on? So, have yourself a green beer and pretend you're 21 again — then wake up relieved that you're not on a beach being forced to chug Miami Vices.

TOURIST DAY

Be a tourist in your own city. Look up some fun things to do that you've never done before. Maybe it's heading downtown, cruising Riverside or trying one of Green Country's best barbecue joints. (See page 50 for iconic places to visit.) The only rule? You can't go anywhere you've been before. There are people who travel thousands of miles to visit Tulsa. Why not drive just a mile or two and experience the same enjoyment?

LIVE THE LUXE LIFE

Give yourself an excuse to get your nails done, go to the spa or just spend an afternoon out on the greens. Go get a facial at Ihloff Salon & Day Spa or go golfing on one of Tulsa's many renowned courses. Why not pretend you're on an ocean-overlooking 18th hole in Hawaii. If that's too far out of your price range, hit up a driving range at Lit'l Links Golf Club or LaFortune Park, or just got putt-putting at All Star Sports.

GET A HOTEL ROOM IN TOWN

It might sound silly, but it's actually quite relaxing. Pack up and check into a local hotel for the weekend. Choose a hotel with a pool or spa. Take some time for yourself to get a well-deserved massage or beauty treatment. Think about a local day trip, and enjoy coming back to a clean and tidy room that evening.



TRY SOMETHING FOREIGN

Pick one restaurant you've been dying to try, or just find a random bar you haven't visited yet and have some pub food. Go somewhere new. Try something authentic like traditional Chinese fondue from Mandarin Taste, farm-to-plate and organic like Tallgrass Prairie Table, or get some fresh seafood from one of our spectacular dining destinations. (See page 72 for some of our seafood recommendations.) Pretend you're not a local for a night and get to know a part of Tulsa you're not familiar with.

KEEP IT SIMPLE

One of the best parts of vacation is getting a few days off to just do nothing. Whether you actually have the week off or just a couple weekends to live it up, take some time to do what you do best and chill. You may not have a beach to relax on, but you can get the same enjoyment in the comfort of your own backyard. Or grab a blanket and go kick back next to the river; read a book, soak up some rays and be thankful for all of the things that make Tulsa such a great city to live (and vacation) in.

BACKYARD CAMPING

Set up tents in the backyard and have a camping trip. Pack up your sleeping bags, fire up the grill and grab a couple of flashlights and lawn chairs. And leave your laptops, cell phones and handheld games behind. Remember, you're camping. Once night sets in, organize some games with the children. Try flashlight tag, tell ghost stories and even play board games by candlelight.

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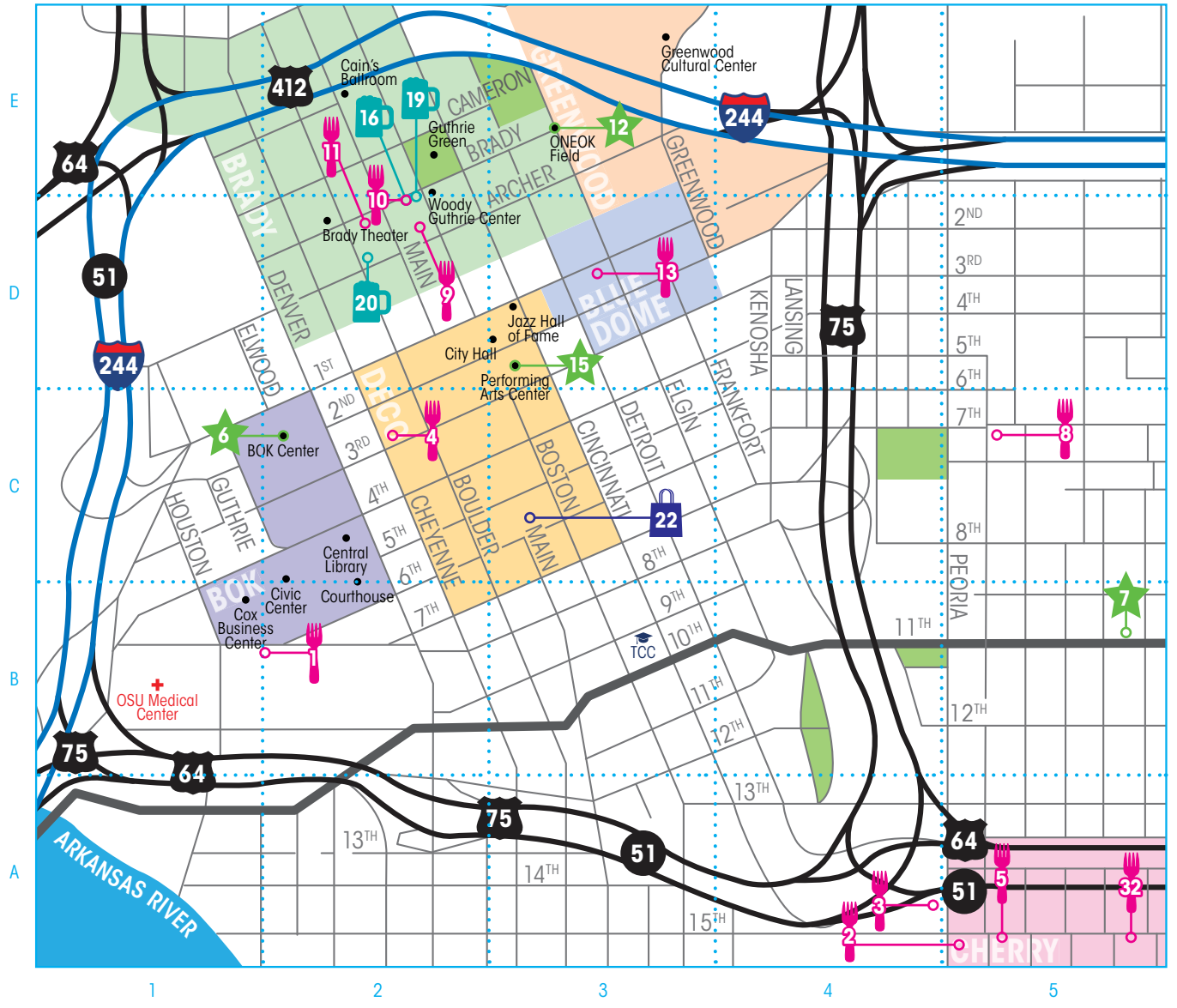
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www.royaldragontulsa.com

PREVIEW DOWNTOWN TULSA



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Zanmai | 4A-3

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Tulsa Roughnecks | 3E-12

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Club Majestic 2D-19

SMOKE. on Cherry Street

ZANMAI

papa ganouj MEDITERRANEAN GRILL AND MARKET

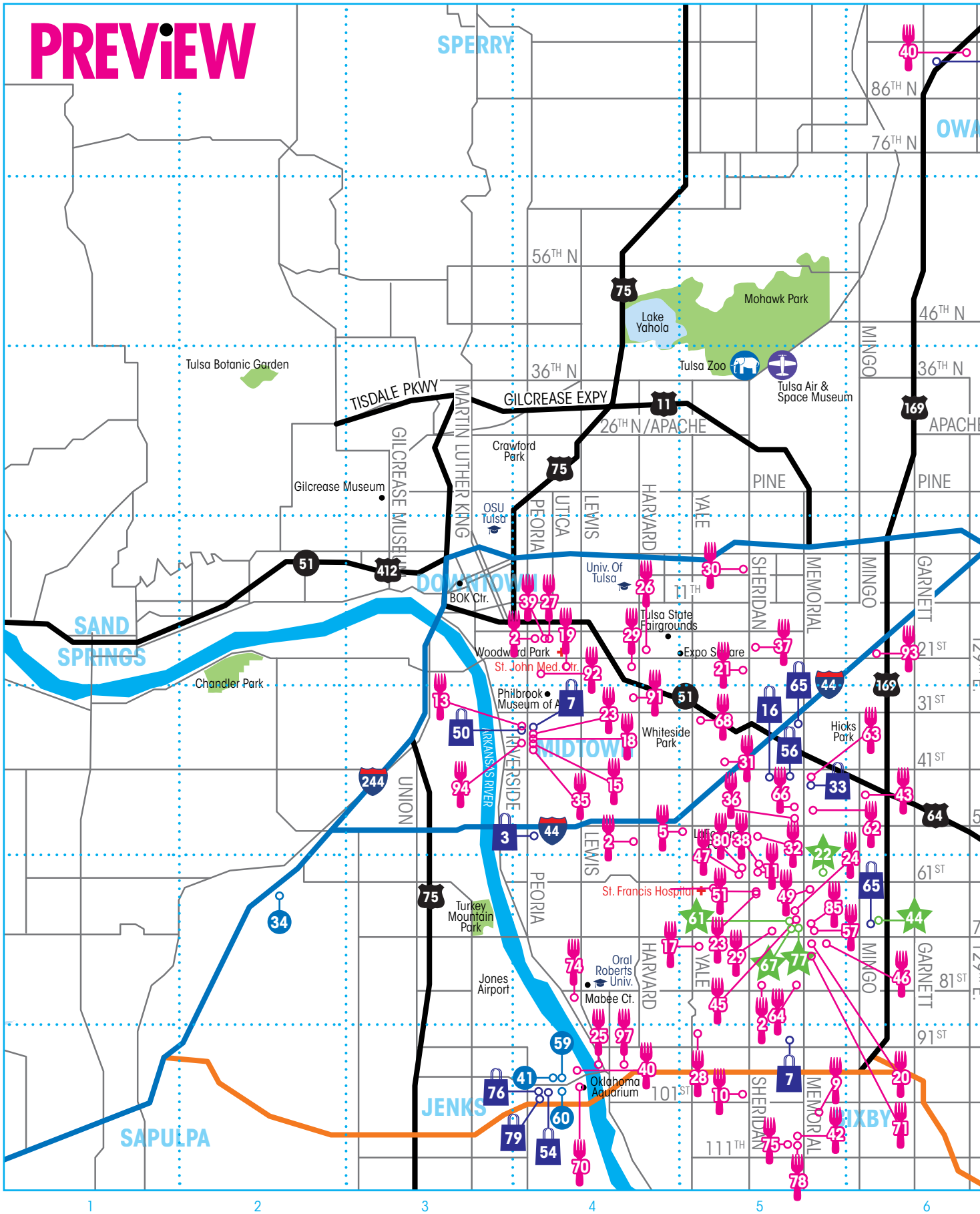
Mi Cocina COMIDA TEX-MEX

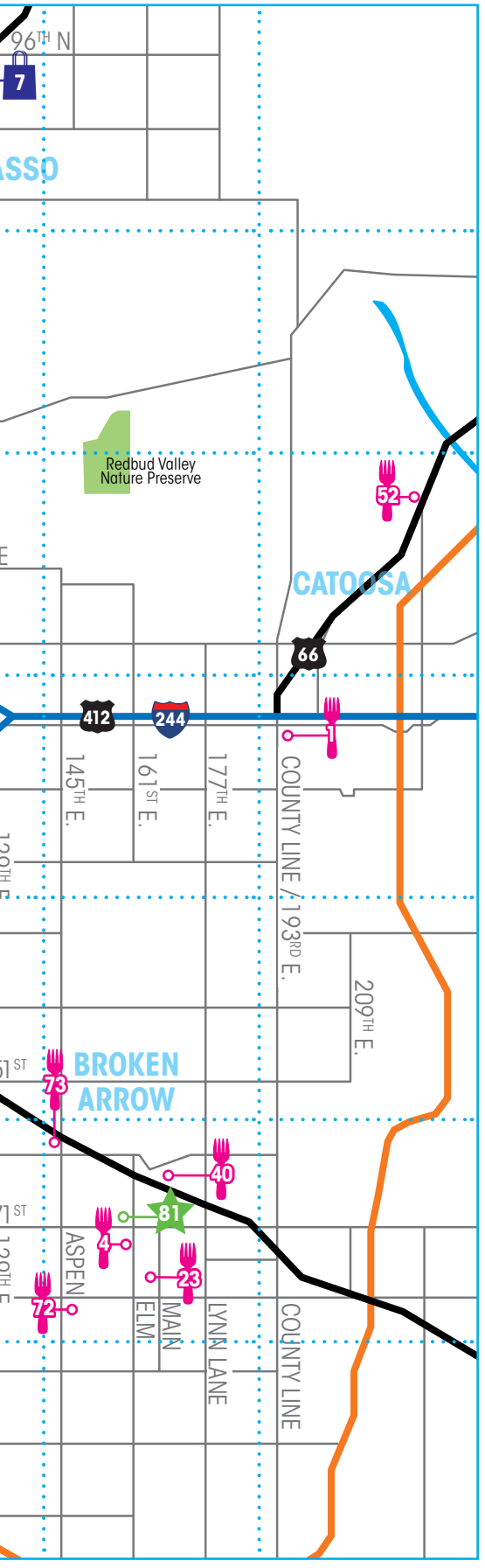
LOOK FOR THE YELLOW BOX!



2nd & Detroit
Brady & Boston
1st & Elgin (McNellies)
1st & Elgin (Comedy Parlor)
Elgin (Joe Mommas)
Brady & Bob Will
Archer & Elgin
2nd & Elgin (Blue Dome Bldg.)
3rd & Cincinnati
5th & Boston
5th & Main (Billy's)
3rd & Boulder
3rd & Denver
6th & Boston

TULSA AND SURROUNDING AREAS





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15th & Troost
15th & Quincy
15th & Trenton
Fat Guys (Greenwood)
18th & Boston
Peoria & 33rd
Peoria & 35 (Doc's)

LOOK FOR THE YELLOW BOX!



Elevating YOUR Exploring

WRITTEN BY: Michele Chiappetta

The beauty and intrigue of historic Tulsa sites and landmarks reminds visitors and locals of the city's past amid a thriving urban setting. Mingle with the masters, be inspired or wine, dine and recline at some of our favorite stops in the city.

"Living on Tulsa time" … the Dust Bowl … *The Outsiders* … "I'm just an Okie from Muskogee"... *The Grapes of Wrath* … Oral Roberts ...

There are certain people, places and experiences that define Tulsa. The images and pop culture references could go on, but really, I'm not writing this article to throw names at you. I'm here to offer you advice on what to do in Green Country when you only have one or two days tops to spend in the Tulsa area.

Whether you're just passing through on a road trip to one of the coasts, or visiting family and friends for a few days, there's plenty to do here. Or maybe you've just moved here for school or work and don't know what's on the must-do list around here.

Maybe you've even lived here your whole life, and still haven't done much outside your neighborhood. Heck, I grew up near New York City and it took me years to finally visit the Statue of Liberty. Believe me, a list like this is essential whether you're new to town, traveling through or have lived here forever. This is it — the places you have to go if you want to claim that you've really done Tulsa right.

WOODY GUTHRIE CENTER AND GUTHRIE GREEN

102 E. Brady St.

As you might have guessed, the Woody Guthrie Center celebrates the life, music and legend of one of America's greatest folk artists. He's the guy who wrote "This Land Is Your Land," among other classics. Visit the Center to get a better feel for the social, political and cultural events that gave rise to the folk music we know and love. Across the street from the Center is Guthrie Green, a new green space in the heart of downtown that offers live music on weekends, outdoor exercise classes, food truck Wednesdays and more.



ROUTE 66 BRIDGE

The intersection of Southwest Boulevard and Riverside Drive

One thing that makes Tulsa a Roadside America attraction is its connection to the legendary Route 66, immortalized in Jack Kerouac's *On the Road*. The Route 66 bridge over the Arkansas River was built in 1916-17 and is significant for connecting the city of Tulsa to the nearby oil fields that made T-Town rich back in the Roaring '20s. The bridge was added to the National Register of Historic Places in 1996. It is too structurally unsound to be walked, but the nearby observation plaza allows you to view it and take pictures of a piece of American history and literature.



PHILBROOK MUSEUM OF ART

2727 S. Rockford Road

Once the home of a Tulsa oil baron, the Philbrook is worth seeing both for its architecture and its art collections. The house was built to resemble an Italian Renaissance villa, and as you wander its beautifully maintained gardens, you'll feel like you're in Tuscany. Inside, you'll enjoy walking through some of the home's original rooms, admiring the massive stairs and wide corridors. The permanent portion of the art collection includes works by Giovanni Bellini, William-Adolphe Bouguereau, Arturo Herrera, Maria Martinez, Thomas Moran, Pablo Picasso, Andrew Wyeth and others. The museum also hosts touring collections, a gift store and a restaurant that serves a generous brunch buffet.



WOODWARD PARK

Corner of Peoria Avenue and 21st Street

This 45-acre park situated around the corner from the Philbrook Museum is home to the Tulsa Garden Center and one of the loveliest green spots in the area. The park includes a rose garden, azalea bushes, an arboretum, a hot house for cacti and tropical plants, koi ponds, water lilies, rock gardens, an herb garden and grassy areas perfect for picnicking. Also in the park is the Tulsa Historical Society, where you can view classic Art Deco signage and other artworks. The park is included on the National Register of Historic Places.



ORAL ROBERTS PRAYING HANDS

7777 S. Lewis Ave.

Tulsa makes the list on Roadside America's website for a host of reasons, one of which is the 60-foot bronze sculpture of hands pressed together in prayer, located at the entrance to Oral Roberts University. The hands weigh 30 tons and loom high above your head when you stand beneath them. Whether you find that intimidating, awe-inspiring, faith-building or quirky, well, that's up to you. But you'll no doubt agree with the many tourists who find the Praying Hands worth a visit, simply because you don't get to stand near a sculpture that huge all that often.



THOMAS GILCREASE INSTITUTE OF AMERICAN HISTORY AND ART

1400 N. Gilcrease Museum Road

Just northwest of downtown Tulsa, the Gilcrease Museum has one of the world's most comprehensive collections of art and artifacts of the American West. The museum's Native American arts and artifacts section is impressive, to say the least. The permanent art collection includes classic paintings by artists such as Winslow Homer, John Singer Sargent, James McNeill Whistler and William Merritt Chase, and that's the short list. When you visit, make time to walk the grounds, replete with natural Oklahoma beauty.



CENTER OF THE UNIVERSE

20 E. Archer St.

Ancient aliens building the Pyramids of Egypt? Pshaw. We've got better than that. The spot known as the Center of the Universe is a concrete circle in downtown Tulsa, known for the acoustic anomaly that makes it a bizarrely delightful, must-see location. You stand in the center of the circle and talk. The noise you make will echo back much louder than the original sound you made. Weird, right? Especially when you realize that no one outside the circle can hear a thing. The sound effects happen only when you stand inside the circle.



THE GOLDEN DRILLER

4145 E. 21st St.

This 76-foot-tall, 22-ton statue stands majestically at the entrance to Tulsa's Expo Center. A fantastical, stylized oil worker complete with protective hard hat and oil derrick was first built in 1953 for an oil exposition. It quickly became a source of buzz and was donated to the city and, after some modifications, was made a permanent fixture of the Expo Center in 1966. Mustard in color, and bare-chested, the Golden Driller is still the tallest free-standing statue in the U.S., and he has to be seen in person to be believed.



BROOKSIDE

Peoria Avenue between 31st and 41st Street

This half-mile or so strip of locally owned stores is one of the coolest places to walk, eat, people watch and shop in Tulsa. Home to sports bar Leon's, Cosmo Cafe & Bar, The Warehouse Bar, Café Ole, Mondo's, Sonoma Bistro, Edible Arrangements and more eateries, you have plenty of places to gnosh. Once you're ready to shop, check out Ida Red for local Tulsa artistry and old-fashioned candy, among other stops. Visit the M.A. Moran Art Gallery for a look at some local artists' works. Or just sip coffee at Shades of Brown and watch the locals passing by as they walk their dogs.



CAIN'S BALLROOM

423 N. Main St.

Music lovers, this is the spot you have to see before you leave Tulsa. I'm talking non-negotiable here, because Cain's is legendary. First built in 1924 as a garage structure, Cain's became a dance academy in 1930, then a popular music venue. It's hosted more famous musicians than you'd imagine for such a tiny spot in the Midwest. The likes of Bob Wills, Hank Williams, the Sex Pistols, Pat Benatar and countless other well-known stars have performed here.



ADMIRAL TWIN DRIVE-IN

7355 E. Easton St.

If you've seen the film *The Outsiders*, you've seen the Admiral Twin. It's the drive-in movie where greaser Ponyboy Curtis talks with cheerleader Cherry Valance, bridging the gap between the two social groups they represent for just a minute or two. With two, 9-story tall screens, the Admiral is one of the few remaining drive-in theaters where you can get a taste of America's movie past. It comes complete with a concession stand that sells hamburgers and popcorn, as well as candy and other tasty treats. The drive-in is closed in the winter and opens in warmer weather, for obvious reasons, but you can stop by to see it anytime.



THE BRADY DISTRICT

Corner of W. Brady Street and N. Main Street

This area of downtown Tulsa includes some of T-Town's best-loved local bars, like Caz's Pub and the Hunt Club, upscale dining at The Tavern or Hey Mambo, and entertainment at the Brady Theatre. It's a happening place for nightlife, all contained within a block or two so that it is easily walkable. Listen to live music on the weekends at the local bars. Savor the delicious Mediterranean food at Laffa, stop by Chimera for some artisan coffee, or sign up for a haunted Tulsa tour to get an inside look at the hot spots where you are most likely to have a ghostly encounter.

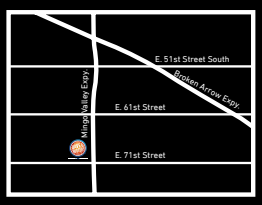


THE GREENWOOD DISTRICT

Downtown Tulsa by ONEOK Field

Greenwood is a local neighborhood in North Tulsa, once known as Black Wall Street before white citizens tragically burned it down during the Tulsa Race Riot of 1921. This ugly part of local history is being redeemed, in part by attention in the past several years to erecting historical records to the event so that it is not forgotten. The area is now home to The John Hope Franklin Reconciliation Park featuring two memorial sculptures and informational plaques. And you can walk the sidewalk areas and see plaques commemorating the Greenwood Cultural Center, which includes a museum and African-American art gallery where black businesses were located before the riot.

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If you're already off the New Year's resolution wagon, get back on the horse. Well, maybe not a horse, but you do have a bike, don't you? Tulsa's bicycling scene is steadily growing.

And why is that? Because it's fun and, whether it's on the sidewalk, the road or a trail, safe bicycling is a great way to get or stay in shape.

We had the opportunity to talk to a couple biking enthusiasts and they say Green Country's streets, sidewalks and parks are perfect places to keep your RPM consistent. In other words, biking is a sneaky way to trick yourself into exercising. They also provided some important tips and suggestions for accessories to make your two-wheeling experience safe and effective.

Scott Moore, owner of downtown Tulsa's restaurant, Hey Mambo, and an avid mountain biker, says there are some great places for biking around Tulsa.

"Turkey (Mountain) is the best place around to take your mountain bike," says Moore. He and about 12 of his friends fought to keep Turkey Mountain intact a couple of years ago when plans for a mall near the 300-acre undeveloped area were being discussed that would have had a huge adverse impact on the trails. Moore believes that their voices were heard and Turkey Mountain should stay around for a long time to come.

Turkey Mountain, located off Elwood Avenue, just north of 71st. is an urban wilderness area maintained by the River Parks Authority containing about 20 miles of trails for biking, most of which honestly require a high skill level for difficult, technical trails. But there is a beginner trail, and at the trailhead there is a map. Moore does caution riders to make sure they are on an actual mountain bike when visiting Turkey Mountain, for safety reasons, as there can be some pretty steep trails that an ordinary street bike isn't made for.



Owner of Lee's Bicycles, Adam Vanderberg, has been a part of Tulsa's bicycling community since elementary school when his dad purchased the now nearly 102-year-old bicycle shop. Vanderberg's goal is, and always has been, to get people riding. If it's mountain bikes or road bikes, even children bikes of many kinds, he sees bicycle riding as a fixture in society. "It's fun. It's exercise. It's really just a great form of transportation," says Vanderberg. He does, however, want to remind people of the essential accessories if you're riding on a consistent basis. Here are some of those items.

The most essential is a helmet. Data from New York City between 1996 and 2005 showed that in 96 percent of bicycle deaths, the rider did not have a helmet. So, it's a good idea. A quality helmet runs on average $30.

Also take care of your hands with a pair of fingerless gloves. They protect your palms, give you better grip and keep you from slipping when pedaling hard. Not a bad investment at about $15.

Why the tight, bright-colored pants? Believe it or not, spandex-type shorts are important because whatever the terrain you ride, your behind can get pretty sore without the cushion these kinds of shorts provide. It doesn't take long to get over the style and the benefit of the padded liner is priceless. Trust me, your backside will thank you.





A bottle cage is very important and easy to install on any bike. It helps you take along an insulated water bottle. You can lose up to 2 percent of your weight in water on a long trek, putting your body in a tough spot. Keeping liquid close is that important. A bottle cage costs about $6 and can be attached to your bike in minutes.

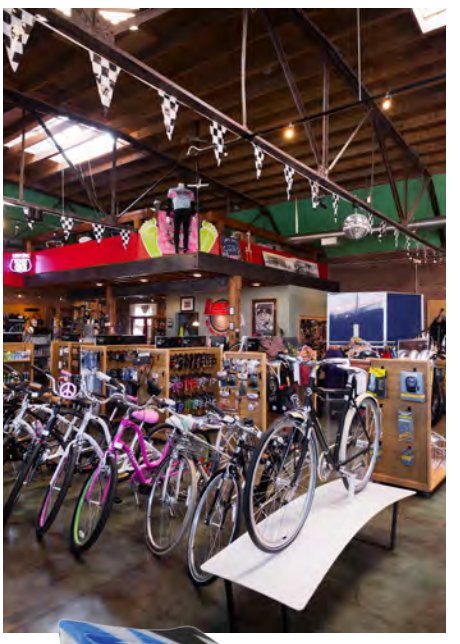
A seat bag with a flat kit includes a spare tube, tire levers, a pump, a multi-tool and a patch kit. These are invaluable, especially for the mountain bikers, because you might find yourself far from civilization when a problem arises. With a fully equipped seat bag, you can fix a flat and get back to your ride. Otherwise, a long hike back — dragging a bicycle with a flat tire — is no fun.

Another thing you might not expect to need would be food, specifically nutrients and electrolytes. A banana for potassium and energy gels, which are light and easy to drink, will give you sodium and much-needed hydration. These can be consumed on a long or even a medium trip on your bicycle and will normally fit in the seat bag too.

A taillight flasher and a head light are important, yet sometimes overlooked. This is about being seen by motorists just as much as being able to see. You can get a tail flasher for around $20 and a decent head light for $50.





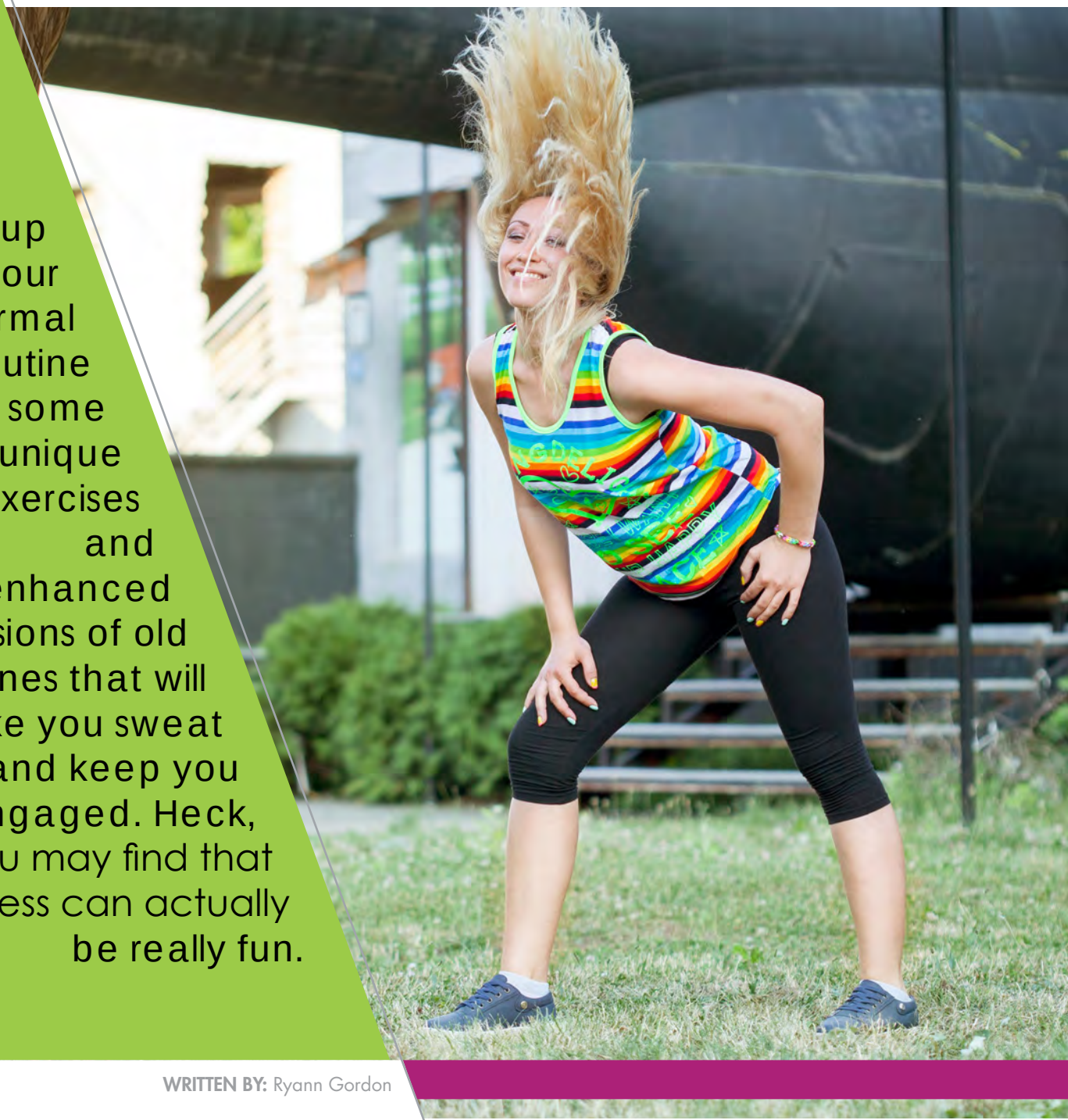


Speaking of risk, here are some ways to be safe while biking on streets or trails:

- Don't wear dark or gray clothing. Motorists need to see you. Wear bright colors.
- Make eye contact with motorists and other bikers whenever you can.
- Be a defensive rider. Pay attention at all times.
- Check your equipment before you bike, especially brakes.
- Wear that helmet.



Sweatin' to the Newbies



Mix up your normal routine with some unique exercises and enhanced versions of old ones that will make you sweat and keep you engaged. Heck, you may find that fitness can actually be really fun.

WRITTEN BY: Ryann Gordon





Sticking to a strict workout regimen can be a hassle, but it doesn't have to be unenjoyable. If you want to keep yourself motivated and make fitness a part of your life, then you have to keep yourself entertained while doing so. Be spontaneous with the way you work out and change your routine to include more than just leg day, arm day and back day. Rather than focusing on certain parts of your body, aim for full-body exercises that you've never done before and have fun.

When you start mixing up your workouts and trying new things, exercise will begin to feel less like a chore and more like an activity.

Quit sticking solely to running, lifting and the machines, and start going to new areas of the gym, beginning with group fitness; not simple yoga, Pilates or Zumba classes though — let's talk out of the box. Whether you like to dance, flow, kick, punch, spin or all of the above, there is a surplus of studios around Tulsa aimed toward unique exercises, and many of our most well-known gyms offer classes that you might have never thought to try.

Sky Fitness & Wellbeing has some of the best hot yoga in town. Gold's Gym, 10GYM and the YMCA offer group classes from aqua fitness to boot camp, tai chi and BodyPump. And Health Zone at Saint Francis has fusion classes that combine multiple workouts, like Pilates, dance and boxing (what they call Piloxing).







Alternative Zen

Yoga has become somewhat of a cultural trend in recent years, where yoga pants have turned into a fashion staple and Instagram feeds are flooded with pictures of warrior poses and Zen quotes. Nowadays, it seems that simple yin/yang yoga isn't enough though, and people will do anything from inverting themselves in silk hammocks hung from the ceiling to heating up their studios to over 100 degrees in order to boost their workout and get a deeper stretch.

Hot yoga is a great way to intensify and literally add some heat to your traditional yoga workout. Most studios and gyms will give you your first class for free. Salt Yoga offers your first 10 days of hot yoga for $10 if you want to try out several different styles.

One place that offers yoga in various forms, including hot vinyasa, is Zen Body, where you can find another yoga modification that has been growing in popularity — aerial yoga. Trending among celebrities and on social media, AeroZen, as it is called at Zen Body, is a unique form of yoga where the yogi is suspended from the ceiling by a thick, silk fabric. The heightened gravitational pull of being in the air allows you to deepen stretches and move in new ways. So if you're brave enough, go on and feel what it's like to fly. Or, if you're a real daredevil, visit Be Love Yoga Studio for some Acro Yoga, where you flip around with a partner instead of the silks.

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Martial Arts

After one class at Title Boxing Club, you will be able to feel the effect not only in just your arms, shoulders and back, but every part of your body. The beginner class — only a 30-minute, six-round boxing session with cardio in between — will leave you drenched in sweat and feeling the burn in all of your muscles, most especially in your core. Not only this, but there is no better stress relief than going to town on a punching bag. Start with the beginner boxing class before moving on to kickboxing, which tends to be a bit more advanced and lasts longer.

If the punching bag isn't you're looking for, try something more traditional and immerse yourself in a new practice. Experience some of the ancient martial arts, taekwondo, karate or jiu jitsu at Apollo's Martial Arts or Triton, or go for something more fused with Zen and stress relief, like tai chi. You can practice tai chi at various martial arts schools in Tulsa, such as Thomas Academy and Tulsa Kung Fu, and even at the Thornton Family and South Neighborhood YMCA locations.

Dance Forms

One of the best ways to get a full-body workout is simply by gettin' down and dirty on the dance floor. Drop your guard and turn one of our favorite pastimes into an exercise worth bragging about. Go for a group class already well known in the workout world like Zumba, or have some fun with other less-traditional dance forms. Lots of YMCA locations around town offer Cardio Dance 101 and hip-hop dancing classes, where you can kick, shake and twerk your way into your dream physique, or strive for something new to you like belly dancing, which will soon be offered at Beautiful Feet Dance Company in Broken Arrow.

If you really want to twist up your fitness routine, go outside of your comfort zone and try something you never thought you would. One of the most challenging dance exercises is pole dancing, and it's actually really fun — so, don't knock it before you try it. You can find pole dancing classes throughout the week at Studio 7 Fitness downtown, and be sure to start with the beginner class and register online ahead of time. After just one hour in Alexxa's Pole Level 1 class, you'll feel like a goddess and have learned some different spins on the pole. You don't need a dance floor to shake what your momma gave you, so turn the gym into a club and get yourself excited to start moving again.

Old Trends and New Spins

Trends in fitness have brought about many unique options when it comes to exercise. One popular workout craze right now is boot camp, which can be found at specific locations like Tulsa Fit Body Boot Camp, and also at 10GYM and several YMCA locations. Other up-and-coming fitness trends include Barre, a method of exercising with a ballet barre to develop lean muscle.



Although the options for new, trendy exercise classes seems endless, don't forget about your old favorites. There are many different indoor spin classes offered at most gyms that are great for cyclists and non-cyclists alike to get a good cardio workout and build leg strength. Aside from cycling is another old school workout that will get your heart pumping and add a little splash to your routine — aqua fitness. Water aerobics and other new forms of aqua exercise, like Aqua Tabata which brings together interval training and the effect of underwater movement to create an intense, calorie burning workout, are offered at the Y, Gold's Gym and Health Zone.

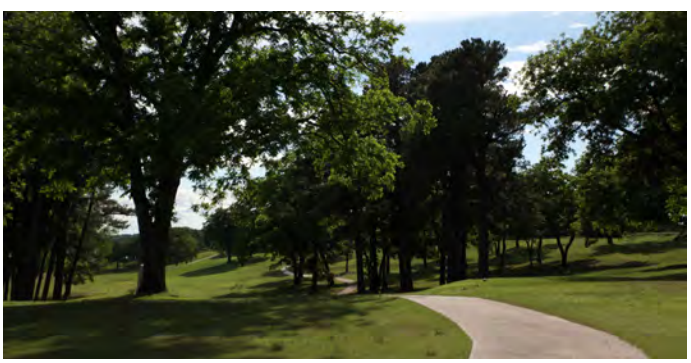




outward bound

WRITTEN BY: Donna Leahey

A pair of boots or a pair of wheels — that's all you need to connect with nature and yourself. The natural landscape in Green Country is a postmarked invitation to hit the trail. What are you waiting for?





Besides exploring Oklahoma's natural beauty, hiking and biking provide great opportunities to observe nature.

As the days grow longer and warmer and as winter gives way to spring, the call of the outdoors gets louder and more inviting. The urge to clamber off that couch and enjoy a cool spring day grows stronger. Green Country is blooming in the spring, and one of the best ways to enjoy spring's beauty is exploring hiking and biking trails.

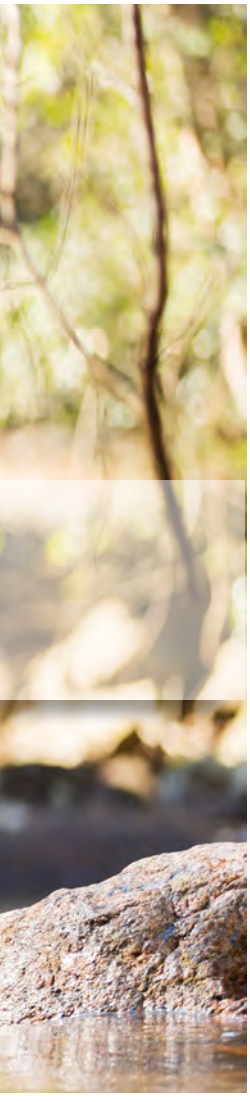
Green Country's state parks are more than camping and hanging out at the lake — they're an opportunity to get back in touch with nature. Hiking and biking trails ranging from casual to challenging and an easy after-breakfast stroll to an overnight trek are available.

Why hike or bike in Green Country? "The description says it all: Green Country. The region offers an abundance of shade trees including beautiful tall pines, rolling hills, diverse terrain, lakes and streams, tall grass and amazing landscapes," says Keli Clark, marketing coordinator for Oklahoma State Parks.

Besides exploring Oklahoma's natural beauty, hiking and biking provide great opportunities to observe nature. "Some of your best wildlife viewing will be hiking trails away from the hustle and bustle of the city in rural and state parks," says Clark. "It's so amazing to stop and watch a flock of wild turkeys cross a path or road. If you're on a quiet trail deep in the woods, you'll hear the scampering squirrels and songbirds as they run among the brittle leaves on dormant trees."

Trails are available all across Green Country for hikers of all skill levels. If you're a beginning hiker, or anyone looking for a casual





Bicyclists can pedal their way around 25 miles of hairpin turns and challenging hills at the Turkey Mountain Urban Wilderness Area near Tulsa.

exploration, try Oxley Nature Center with its 11 miles of trails inside Tulsa's Mohawk Park. If you're looking for a longer hike or a more challenging one, tighten up your hiking boots and try Osage Hills State Park in Pawhuska. Or strap your bike onto the car rack, because Osage Hills also features bike trails. It's a popular choice because the hiking trails and biking trails are separate.

For the hiking enthusiast, try the Greenleaf Lake hiking trail, nicknamed the Ankle Express. This 18-mile looped trail ranges from intermediate to expert level and delves deeply into the wooded landscape and diverse terrain around Greenleaf State Park.

Bicyclists can pedal their way around 25 miles of hairpin turns and challenging hills at the Turkey Mountain Urban Wilderness Area near Tulsa.

If you're eager to bring your dog along, remember all Oklahoma state parks are pet friendly. You can also check out the Rails-to-Trails conservancy, a nonprofit organization working to create a nationwide network of hiking trails from former rail lines.

There are many things to consider when choosing a biking or hiking trail. "Urban trails such as those at the Turkey Mountain in Tulsa are perfect for immediate gratification if you crave the beautiful outdoors for exercise and fresh air," Clark says. Or for longer trips, "anywhere I can escape for a day in the sun, a breath of fresh air and relaxation is important to me. I will use the nearby amenities available such as a convenience store for gas, drinks or snacks and restaurant for meals. My first choice is an overnight adventure in lodging, cabin or hotel accommodations that would include a day or two hiking and exploring the landscape, then nighttime relaxation in a comfy bed."

As a lover of the outdoors, Clark has some favorite hiking spots.

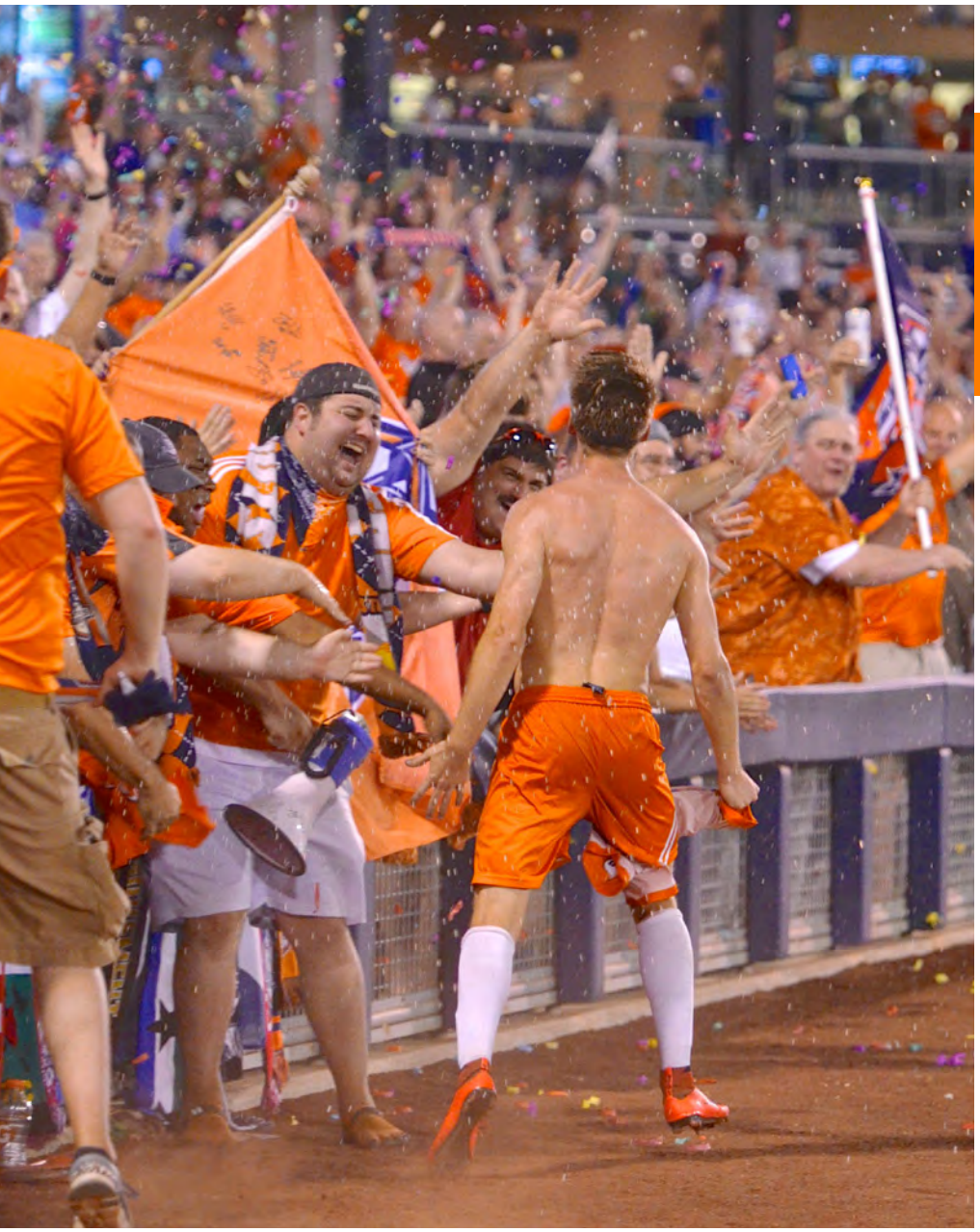
"Sequoyah State Park on Fort Gibson Lake has a wonderful trail system. Their 2-mile paved trail begins at the lodge, starting out as a fitness trail with exercise stations along the way, past the golf course then crosses the road. From there you'll pass the stables and follow the trail through the tall pines and wooded areas of the park. It's perfect for walking, jogging, biking and even roller-skating, if that's your preferred choice of exercise. The Fossil Trail at the park is a dirt trail that begins at the nature center and loops through the woods and back, or there's an opening along the way where you can leave the nature trail and hike back to the lodge."



Safety First

Seeking adventure can be fun, but it also has its dangers. When you're out and about hiking and biking, be sure to remember these safety tips.

- Wear appropriate gear — reflective clothing for bikers and proper hiking boots for hikers.
- Wear a safety helmet. Make sure that it fits properly and is fastened before you start your ride.
- Use hand signals to indicate turns and stops during a ride.
- Take a cell phone and identification in case of an emergency.
- Make sure to pack sunscreen and a small, basic first-aid kit.
- Take water and snacks. Make sure you are well hydrated before, during and after your hike or ride.
- Pack a light for evening/night visibility.
- Plan your route ahead of time. Use current maps and weather reports when organizing your trek.
- Use the buddy system and travel in pairs.
- Tell a friend or family member where you are going and when you plan to return.
- Stay on the trail. If you are in a wooded area, this reduces the chance of damaging natural resources and your exposure to poison oak, snakes, ticks and more.
- Be aware of your surroundings. Whether traveling through a park in the city or in the woods, remember to make sure you know what is happening around you.



Aimin

Just how exciting will it be to watch the Tulsa Roughnecks in the United Soccer League this year? Head coach David Irving has virtually guaranteed the team will make the playoffs.

"If we don't make the playoffs, I wouldn't be doing my job," he states.

The season begins for the Roughnecks March 26 with a home game at ONEOK Field against the RGV Toros, a Houston Dynamo affiliate. (See page 65 for more details.) The Dynamo play in the ultimate professional league in the United States — the Major League Soccer league. The Roughnecks will play a 30-game schedule.

If anyone should know what it takes to have an elite team, it would be Irving. The 64-year-old head coach of the Roughnecks is already a USL Pro Hall of Fame member and has either played or coached at the highest level of professional soccer. Irving led the team to an 11-11-6 record in its inaugural season in 2015 and finished only one win out of the playoffs. Six of the 12 squads in the Western Conference advanced to the playoffs in 2015. This year, the number of teams

WRITTEN BY: Richard Linihan

Looking to build on the late-season momentum of 2015, David Irving and the Tulsa Roughnecks have their sights set on delivering a playoff birth (and maybe more) to the rabid Roustabouts.



ng TO PLEASE





has grown to 29 and the popularity of the USL is through the roof. The San Antonio Spurs of the NBA have even purchased a team that will play in the USL this year.

In 2016, eight of the 15 teams in the Western Conference will vie for the division crown and play the Eastern Conference champion in the title game.

Irving spent 14 years as head coach of the Wilmington Hammerheads in North Carolina, taking them to the playoffs 10 times and to the championship game three times. The Hammerheads celebrated a crowning moment in 2003 by winning it all under Irving. He also was quite the scorer in his playing days, knocking home three goals in seven games for the Tulsa Roughnecks of the North American Soccer League in 1980. Before that stint, he was with the Fort Lauderdale Strikers, scoring 27 goals in 72 appearances. He played alongside some of the world's greatest soccer players in George Best and Gerd Muller when he was with the Strikers.

The Roughnecks put a scare into the league down the stretch last year, finishing the season 7-3-3 when they changed to goalkeeper Jake Feener. They also got a huge boost halfway through the year with Tulsa product Cristian Mata. Mata grew up in Tulsa, playing for TFC Hurricane Club, went to high school at Union and spent two seasons with the University of Tulsa.

"We love the fact that we have the local connection going with Mata," says Roughnecks and Tulsa Drillers general manager Mike Melega. "We'll have a Cristian Mata bobblehead night for the fans June 17."

Melega also says many of the home games will include fireworks after the game. Also following each match, the Roughnecks players will interact with the fans to make it a special event.

"We work hard to entertain the fans, much as we do with the Tulsa Drillers (the Los Angeles Dodgers' Double-A farm team). In soccer, it's 90 minutes of action on the field that fans focus on. Dave's got these guys taking shots and it's fun. We can do some kicking for cash with Bank of Oklahoma sponsoring halftime, but our time is limited. That's why we have a lot of interaction between players and fans, to make up for the short period we can do promotions."

Irving says this interactive tone is very important and probably a good reason the fans came out in droves last year to support the team — more than 8,300 in a sellout of the inaugural game against rival Oklahoma City.

"From my standpoint, the players had better interact with the fans," Irving says. "They should be more approachable than in other sports. I'm pretty strict about that. After the game — win, lose, or draw — they need to be out there. We're trying to build something here. And if they don't want to do that, we'll go out and find somebody who will. What did we finish last year, fifth in the league in attendance? That was a factor."

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The Roughnecks' style of play that attracts the average fan, much like in Big 12 football, is offense, offense and offense.

"We do attack," Irving says with a laugh. "I think we were in the top three in shots on goal and top three in goals scored. It is entertainment. The problem is that our defense lacked a little luster at times. But people pay money to come see us. We were comfortable with our persona. We might score four goals, but we might let three in as well."

The Roughnecks started 0-2-1 last year and then got rusty waiting out a two-week snowstorm. But at midseason, the light bulb came on and they turned into a hungry team.

"I'm telling you, down the stretch, nobody in the league wanted to see us make the playoffs; we were playing as well as if not better than, anyone else," says Melega. "Three of the six teams in the West that made the playoffs ahead of us, we swept."

Among the returners this year and the players to watch are Mata, Feener, Kaleemullah Khan, Sammy Ochoa, Brady Ballew and Henri Manhebo.

"(Kaleemullah) is the (Lionel) Messi of Pakistan, a national hero," says Irving. Messi, from Argentina, is arguably the best player in the world. "We have another forward coming in from England, Taylor Morgan, who used to be a sprinter. He's about 6-feet-4."

These additions and the strong returning core might mean the Roughnecks will make good on Irving's guarantee.

SPORTS CALENDAR

OKLAHOMA STATE BASKETBALL (MEN'S)

Home games are played at Gallagher-Iba Arena (Stillwater)

March 4 | vs Texas | 8p

OKLAHOMA BASKETBALL (MEN'S)

Home games are played at Lloyd Noble Center (Norman)

March 1 | vs Baylor | 7p
March 5 | @ TCU | Noon

OKLAHOMA BASKETBALL (WOMEN'S)

Home games are played at Lloyd Noble Center (Norman)

March 1 | @ Texas Tech | 6:30p

TULSA BASKETBALL (MEN'S)

Home games are played at Reynolds Center (Tulsa, Okla.)

March 5 | vs USF | 4p

TULSA ROUGHNECKS

Home games are played at ONEOK Field (Tulsa)

March 26 | vs RGV Toros | 7p
April 2 | vs Swope Park Rangers | 7p
April 9 | vs Real Salt Lake Monarchs | 7p
April 16 | @ St. Louis FC | 7:30p
April 23 | vs Portland Timbers 2 | 7p
April 30 | @ USL San Antonio | 7:30p

NCAA 2016 MEN'S DIVISION I BASKETBALL TOURNAMENT

March 15-16 | First Four | Dayton, Ohio
March 17, 19 | First Weekend | Denver, Colo.
March 17, 19 | First Weekend | Des Moines, Iowa
March 17, 19 | First Weekend | Providence, R.I.
March 17, 19 | First Weekend | Raleigh, N.C.
March 18, 20 | First Weekend | Brooklyn, N.Y.
March 18, 20 | First Weekend | Oklahoma City, Okla.
March 18, 20 | First Weekend | St. Louis, Mo.
March 18, 20 | First Weekend | Spokane, Wash.
March 24, 26 | West Regional | Anaheim, Calif.
March 24, 26 | South Regional | Louisville, Ky.
March 25, 27 | Midwest Regional | Chicago, Ill.
March 25, 27 | East Regional | Philadelphia, Pa.
April 2 | Final Four | Houston, Texas
April 4 | Championship | Houston, Texas

NCAA 2016 WOMEN'S DIVISION I BASKETBALL TOURNAMENT

First two rounds will be played at the sties of the top 16 seeds

March 25-28 | Regional | Bridgeport, Conn.
March 25-28 | Regional | Dallas, Texas
March 25-28 | Regional | Lexington, Ky.
March 25-28 | Regional | Sioux Falls, S.D.
April 3 | Final Four | Indianapolis, Ind.
April 3 | Championship | Indianapolis, Ind.

TULSA OILERS

Home games are played at the BOK Center (Tulsa)

March 4 | @ Evansville Icemen | 7:15p
March 5 | @ Evansville Icemen | 7:15p
March 6 | @ Missouri Mavericks | 4:05p
March 11 | @ Missouri Mavericks | 7:05p
March 18 | vs Missouri Mavericks | 7:05p
March 19 | vs Allen Americans | 7:05p
March 20 | @ Allen Americans | 4:05p
March 23 | @ Utah Grizzlies | 8:05p
March 25 | @ Utah Grizzlies | 8:05p
March 26 | @ Utah Grizzlies | 8:05p
March 29 | vs Colorado Eagles | 7:05p
March 30 | vs Colorado Eagles | 7:05p
April 1 | @ Quad City Mallards | 7:05p
April 2 | @ Evansville Icemen | 7:15p
April 5 | @ Missouri Mavericks | 7:05p
April 6 | @ Wichita Thunder | 7:05p
April 8 | @ Wichita Thunder | 7:05p
April 9 | vs Wichita Thunder | 7:05p

OKLAHOMA CITY THUNDER

Home games are played at Chesapeake Energy Arena (Oklahoma City)

March 2 | @ Los Angeles Clippers | 9:30p
March 3 | @ Golden State Warriors | 9:30p
March 6 | @ Milwaukee Bucks | 2:30p
March 9 | vs Los Angeles Clippers | 8:30p
March 11 | vs Minnesota Timberwolves | 7p
March 12 | @ San Antonio Spurs | 7:30p
March 14 | vs Portland Trailblazers | 7p
March 16 | @ Boston Celtics | 6p
March 18 | @ Philadelphia 76ers | 6p
March 19 | @ Indiana Pacers | 6p
March 22 | vs Houston Rockets | 7p
March 24 | vs Utah Jazz | 7p
March 26 | vs San Antonio Spurs | 7p
March 28 | @ Toronto Raptors | 6:30p
March 29 | @ Detroit Pistons | 6:30p
March 31 | vs Los Angeles Clippers | 8:30p
April 3 | @ Houston Rockets | 2:30p
April 5 | @ Denver Nuggets | 8p
April 6 | @ Portland Trailblazers | 9p
April 9 | @ Sacramento Kings | 9:30p
April 11 | vs Los Angeles Lakers | 7p
April 12 | @ San Antonio Spurs | 7p

TULSA DRILLERS

Home games are played at ONEOK Field (Tulsa)

April 7 | @ Corpus Christi Hooks | 7:05p
April 8 | @ Corpus Christi Hooks | 7:05p
April 9 | @ Corpus Christi Hooks | 7:05p
April 10 | @ San Antonio Missions | TBD
April 11 | @ San Antonio Missions | TBD
April 12 | @ San Antonio Missions | TBD
April 14 | vs Corpus Christi Hooks | 7:05p
April 15 | vs Corpus Christi Hooks | 7:05p
April 16 | vs Corpus Christi Hooks | 7:05p
April 17 | vs San Antonio Missions | 1:05p
April 18 | vs San Antonio Missions | 12:05p
April 19 | vs San Antonio Missions | 7:05p
April 21 | @ NW Arkansas Naturals | 7:05p
April 22 | @ NW Arkansas Naturals | 7:05p
April 23 | @ NW Arkansas Naturals | 6:05p
April 24 | @ NW Arkansas Naturals | 2:05p
April 25 | vs Arkansas Travelers | 7:05p
April 26 | vs Arkansas Travelers | 7:05p
April 27 | vs Arkansas Travelers | 11:05a
April 28 | vs Arkansas Travelers | 7:05p
April 29 | vs NW Arkansas Naturals | 7:05p
April 30 | vs NW Arkansas Naturals | 7:05p

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March in COMFORT

WRITTEN BY: Ryann Gordon



Whether you're working out or going to brunch with friends, give your feet a break from all of your confining, stiff footwear and step into the spring season in style.

Not quite warm enough for flip-flops but too toasty for those cozy Ugg boots, March is the month when you can finally begin to rock your favorite kicks again without worrying about your ankles turning into ice cubes. If you love your comfortable footwear — you're in luck, because this is the time for you to whip out all of your lace-ups, tennis and other casual shoes and wear them with more than just athletic wear.

From high-tops to running shoes, oxfords to Sperry's, flats, slip-ons and sneakers, there's nothing more satisfying than a pair of shoes that don't make your feet throb. Whether you're working out or going to brunch with friends, give your feet a break from all of your confining, stiff footwear and March into the spring season in style, with shoes that are not only comfortable and agile, but versatile and brag-worthy.

The first thing that comes to mind when you think of tennis shoes is exercise, but lace-up kicks have become a staple of fashion in many ways. Athletic wear has grown into a trend of its own, where brands like Lululemon, Victoria's Secret Sport and Fabletics have become notable in the fashion world and yoga pants are acceptable for pretty much any time, day or occasion. Along with activewear comes the footwear, and there has never been a better time to splurge on a pair of tennis shoes.

Show off your, fit and healthy side and give yourself a little workout motivation with a new pair of your favorite athletic shoes. You can find a wide range of running, training, stability and other tennis shoes at some of your favorite athletic stores like Dick's, Hibbett Sports, Academy, Fleet Feet, Runner's World, Fleming's Comfort Footwear and Tulsa Runner.



From flashy Air Maxes to lightweight Nike Frees, bright colors and patterns to simple and clean, new kicks are a for-sure way to low-key dominate the gym fashion scene. And although Nike tends to dominate athletic wear, brands like Adidas are starting to regain their footing in the shoe world. Whether you're still in workout gear or just going for a more casual look with jeans and a T-shirt, brands like Kanye West's Yeezy Boost line have even made running shoes a symbol of fashion worth fighting over.



Basically sold out online, Yeezy's Boost 350 shoes are one of the hottest items on the market right now, and you can see celebrities sporting them with both workout gear and simple daywear. While Yeezy's new Boost line might not be so easy to get ahold of, you can get Adidas in various fashions along with other brands at most shoe stores. Go with a more modern, sporty style or the old school sneaker look and you'll be looking simple yet still flashy and sleek.

If there's anything we can thank the '90s for, it's the returning trend of wearing sneaks with all kinds of attire. From our favorite traditional kicks like Adidas Superstars, Converse and Vans to fashion sneakers from brands like Steve Madden, ECCO, Frye and Chanel, tennis shoes

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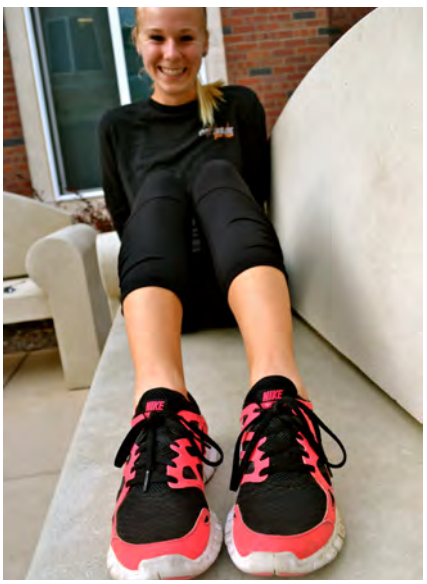


are undoubtedly kicking their way back into the fashion scene. With famous models and socialites like Kendall Jenner rocking sleek, white Kenneth Cole Kams with all kinds of outfits — including tight dresses and other not-so casual pieces — there is no denying the versatility of non-athletic tennis shoes.

Find yourself a pair of fashion tennis shoes at Aldo and a wide variety of Converse and Vans at Journeys, or check out rollover stores like TJ Maxx and Nordstrom Rack to save yourself some money. Opt for the more traditional looking Ralph Lauren slim, low-top Vaughns, a more refined style like Cole Hahn Sport Oxfords, or some modernized, high-top Michael Kors, and feel how comfortable trendy can be. Whether you're going for a laid-back, street style or dressing down a nicer look, lace-up kicks are an effortless way to add a little swag to any outfit.

If fashion sneakers are too flamboyant for you, there are other kinds of lace-ups that are just as casual and comfortable but slightly more polished. Aside from oxfords, which can be dressed down in more ways than one, another style that may never go out of fashion when it comes to casual footwear is the boat shoe. This classic shoe is not only simple and snug, but they are a great way to actually dress up an outfit that just rolled out of bed.

You can wear your favorite Sperry boat shoes with anything from a T-shirt and shorts to khakis and a button-up, and no one has to know that you haven't taken them off all day. Luckily Sperrys are not too expensive, and you can shop through a wide variety at Dillard's, not to mention Academy and Shoe Dept. Encore, where they are sold at some of their cheapest prices in town. Go for the traditional boat shoe or try out some of the newer styles for a more fashionable look, eilher duck boots, canvas sneakers or even flats.

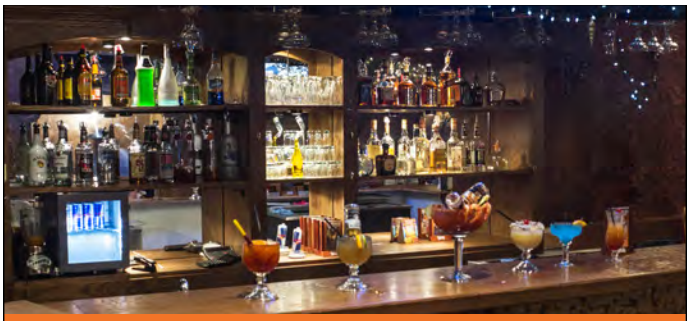




Don't restrict yourself to sneakers and boat shoes when you're planning your casual shoes for the day, because there is nothing that says laid-back quite like a pair of flats or slip-ons. Now, this doesn't mean that you should start wearing your fluffy slippers around town, but there are comfortable shoes that are easy to slide into and are still presentable in the daylight. Flats are a perfect option for quick shoes to throw on in the months leading up to summer, because they will keep your toes warm while also being casual and cute.

Find some ankle-strapped flats or designer slip-ons at J. Cole on Riverside, or browse through isles of shoes at DSW and pick your favorite style. Rock a pair of simple, soft-soled moccasins with a plain-colored dress and accessories, or ballet flats with skinny jeans and a slouchy, tucked-in top; throw a blazer on over and you will have a look that'll have people wondering whether you came from a job interview or are just effortlessly stylish.

Aside from ballet flats and moccasins, there is another popular brand of slip-ons — Toms. Made famous by their charity project to donate shoes to people in need, Toms has grown to include more than just their traditional canvas loafers, but comfy wedges that could casually be worn on a day-to-day basis. You can browse through many different styles of Toms at Dolce Vita and Ida Red, where you can also find a variety of Minnetonka moccasins. Who knows, maybe you'll find a pair of moccasins that are just cozy enough to fill the void left after putting away your Ugg boots for the season.



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Seas the DAY

WRITTEN BY: Michele Chiappetta

Check out our 22 great fish tales focused on places to go for every conceivable underwater delicacy from crabs, calamari and clams to catfish, oysters and octopus. If it swims, you can get it right here in Green Country.



Swimsuit weather is approaching, your vacation isn't until June, your doctor or your spouse is encouraging you to lose weight and you're seeing headline upon headline about healthy eating habits filling your inbox. Time to start making Tulsa's seafood restaurants a major part of your dining plans.

Trust us — you don't have to go all sushi if you don't want to. We know lots of people just don't have it in them to enjoy raw fish. But Tulsa is jam-packed full of baked seafood options so tasty (and, yes, affordable) that you'll find it appealing to walk away from a traditional mom-and-pop potatoes-and-gravy kind of meal in favor of some of the best fresh water and salt water food choices in all of T-Town.



BAKER ST. PUB & GRILL *6620 S. Memorial | Tulsa*

Like any British pub, Baker St. offers classic Brit-style seafood. Yes, that means fish and chips, made with flaky cod and battered with beer. They also offer an interesting twist on ceviche — a mix of shrimp and salmon, spiced with red onion, cilantro, bell peppers, serrano pepper and garlic. Have it with your favorite beer while you watch the games on the big screen. Don't forget to try their calamari — fried to perfection, it's some of the best in town.



BLUESTONE STEAKHOUSE & SEAFOOD

10032 S. Sheridan | Tulsa

Bluestone is one of Tulsa's go-to seafood restaurants. It's not just the word "seafood" in their name. It's their excellent, high-quality fish dishes — Norwegian salmon, Ahi tuna, halibut, shrimp scampi, scallops, creamy lobster pasta and, of course, their wild-caught fresh fish of the day (anything from sea bass to snapper). Bluestone delivers it all in a beautiful setting ideal for a luxurious evening out. Their homemade desserts make a delightful pairing to their dinner entrees.



BODEAN SEAFOOD RESTAURANT

3376 E. 51st | Tulsa

When a restaurant doubles as a seafood market, you have to figure it's serving some of the best fish in town. Bodean makes a new menu daily to accommodate their freshest market offerings. This makes for a lot of fun, because you might be the first to taste a new menu item. Old favorites are available too — New England clam chowder, shrimp and lobster bisque, oysters Rockefeller, mussels, king crab, even escargot. All of it's to dine for. (Get it?)



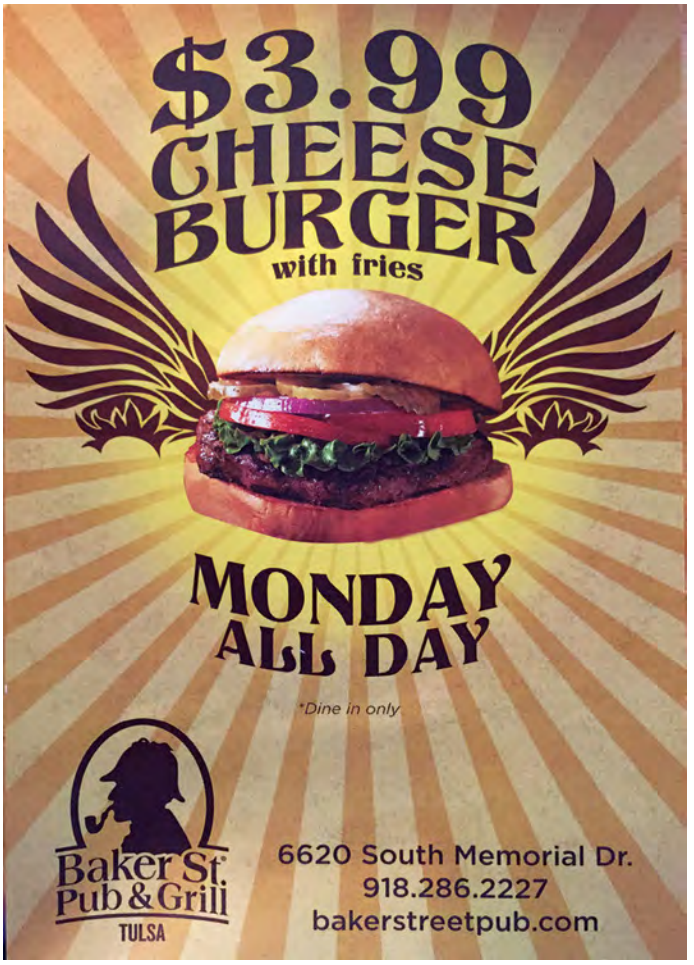
BONEFISH GRILL *4651 W. Kenosha | Broken Arrow*

A hidden gem east of the Woodland Hills Mall area, Bonefish Grill is a delightful spot to meet friends or a date. The booths are comfortable and — the menu affordable — a perfect blend. Their Bang Bang Shrimp is a spicy customer favorite. And their grilled fish menu is a great option for those who want to save on calories, especially since you can customize your choice of fish and accompanying sauce. Plus, their wine and drinks list is enormous.



CELEBRITY RESTAURANT *3109 S. Yale Ave. | Tulsa*

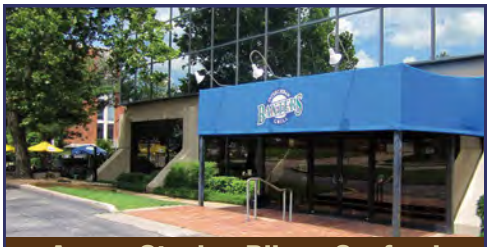
Fifty years and still going strong, Celebrity is a famed Tulsa hot spot worth visiting for many reasons. Two of those reasons — their fried catfish and their cold-water lobster tail, both so tasty that visiting celebrities literally come by for dinner before or after their concerts at the BOK Center. The restaurant has a classic Rat Pack feel, which makes dining fun as well as delicious. They also offer fried and grilled jumbo shrimp. You can't go wrong there.





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CHARLESTON'S *6839 S. Yale | Tulsa • 3726 S. Peoria | Tulsa • 251 E. Hillside | Broken Arrow*
With three spots around the Tulsa area, Charleston's is clearly succeeding with customers by delivering consistently good cooking. If you're there for seafood, try their shrimp cargot appetizer, served in herb garlic butter and topped with havarti cheese. Catfish lovers will enjoy the catfish platter, while salmon lovers can opt for a Charleston's favorite — their salmon is flash smoked and then grilled. For a light meal try the salmon Caesar salad, which is as delightful as you'd imagine.



CLARET CAFÉ *3302 W. Kenosha | Broken Arrow*
A newcomer to the Tulsa restaurant scene, Claret Café is fast becoming one of the more popular spots in town. Open for breakfast, brunch, lunch and dinner, Claret offers some delicious fish choices. Blue crabcake, scallops served in mango salsa — it's like a trip to the Florida Keys without the travel expenses. Their roasted Atlantic salmon is rubbed in sea salt and served with a caramelized onion bourbon sauce. Try it once, and you'll fall in love.



DOC'S WINE AND FOOD *3509 S. Peoria | Tulsa*
Doc's offers a warm, inviting atmosphere and a menu that features Creole classics and fresh seafood. The tiled floor, dark woods and cream-colored walls create a comforting modern feel, perfect for enjoying a glass of wine along with some serious down-home shrimp and grits. Try the fried oyster po' boy — you won't find that many places in or outside of town. They also serve up oysters on the half shell and char-grilled oysters, as good as you find in NOLA.



FISH DADDY'S SEAFOOD GRILL HOUSE
10624 E. 71st | Tulsa
Casual, friendly, buzzing with energy, Fish Daddy's is a great place to grab a comfort-driven seafood meal after a movie at the nearby Cinemark. Split the hot crab dip with your friends. Or, opt for the Mexican shrimp cocktail, which you don't have to share (we won't tell!). Fish Daddy's also offers platters with your choice of lightly battered shrimp, crawfish, catfish or oysters served with fries. Or go for the grill — salmon, tilapia and rainbow trout are all on the menu.



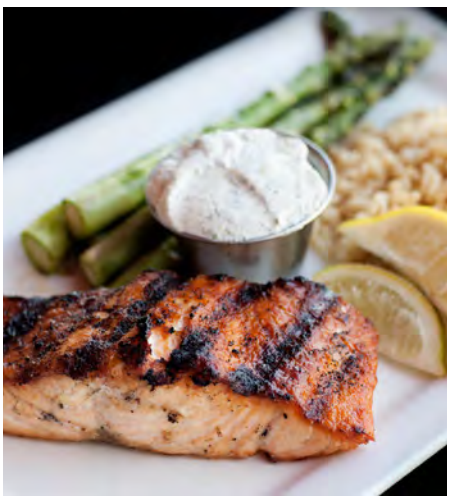
THE FRENCH HEN / THE HEN BISTRO
7143 S. Yale | Tulsa • 3509 S. Peoria | Tulsa
These sister restaurants each have their own take on the French haute cuisine you crave. The French Hen is more traditional in presentation, while the Hen Bistro offers a more rustic, playful atmosphere. Either way, you can't go wrong with the upscale seafood offerings here, which include spicy fried calamari, escargot served over angel hair pasta, roasted lobster tail with scratch-made hollandaise, smoked salmon arancini over mixed greens and more, all made in-house with the freshest ingredients possible.



KILKENNY'S IRISH PUB *1413 E. 15th | Tulsa*
A well-loved bar in the hip Cherry Street District, Kilkenny's also serves up a sizable menu for brunch, lunch and dinner. If you're there to eat — of course you are — sample their fish and chips, a favorite among Kilkenny's regulars. This is also one of the few places in T-Town that offers smoked salmon for brunch. If you're there for beer get the Galway oysters, which are served on the half shell alongside a 16-ounce draft beer.



LA CREPE NANOU *7890 E. 106th Place | Tulsa*
Riding the edge of South Tulsa-North Bixby, La Crepe Nanou is a newer restaurant in town that is still a best-kept secret, although probably not for long. The high ceilings, wide windows and breezy bistro seating invite you to linger and whisper in your lover's ear — in between tasty bites of La Crepe Nanou's delicious food, of course. Make sure to try the Mariner Mussels, steamed in white wine and garlic, finished with a touch of cream.



MCGILL'S *6058 S. Yale | Tulsa*
Rooted firmly on the corner of Yale and 61st Street, McGill's is the perfect place to host a business meeting, celebrate family night or enjoy time with a special someone. If you've always wanted to try escargot, let McGill's introduce you to their baked version. Or go with the bacon-wrapped jalapeno-stuffed shrimp. McGill's offers many other seafood options, including the house specialty steak and shrimp — so you can get your surf and your turf in one meal.

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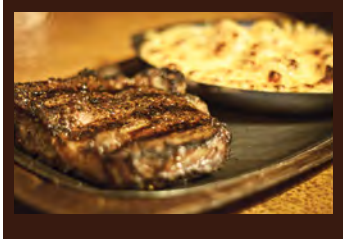
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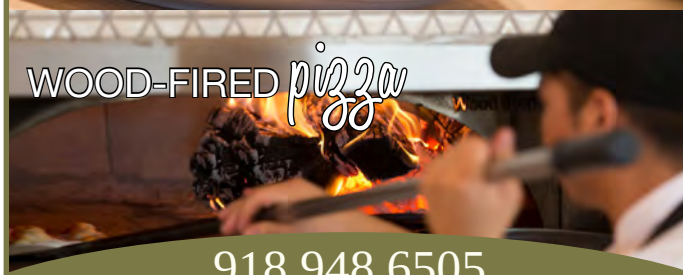


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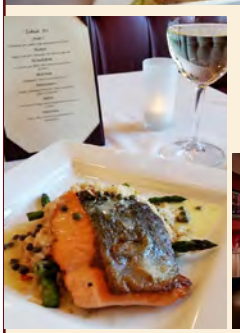
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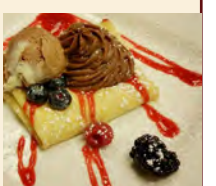
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MOLLY'S LANDING *3700 N. Old Hwy 66 | Catoosa*
Located just outside Tulsa, Molly's Landing is a treat of a restaurant. Housed in a log cabin, its unique setting features a general dining room as well as private dining rooms for groups of up to 45 people, a gift shop, and even a helicopter landing area for the Christian Greys out there who really want to impress their dates. Molly's is known for pairing prawns with quail and rib-eye, and pairing their meals with a fabulous, broad selection of wines.



NAPA FLATS WOOD-FIRED KITCHEN
9912 Riverside Parkway | Tulsa
Napa Flats expanded from College Station, Texas, into Tulsa, where it's enjoying a robust success. In addition to their traditional menu, they offer gluten-free options and are child-friendly too. For seafood meals, diners can enjoy a delicious Asian ahi tuna salad, the Cannery Row seafood pasta served with shrimp, scallops and mussels, and a choice of salmon, redfish and Costa Rican whitefish grilled over oak and pecan wood for a nutty smoked taste that doesn't disappoint.



PHRYME DOWNTOWN STEAKHOUSE
111 N. Main | Tulsa
Chic, upscale, unique — Phryme is a dining destination in the heart of downtown Tulsa. When you step into its contemporary venue, you'll find several fantastic seafood options for your dining pleasure. Start your meal with the jumbo crab cocktail or perhaps the baked Gulf oysters served with jalapeno-cheddar béchamel. This is the place to sample caviar and roe if you've never had it before. Phryme's dinner offerings also include coldwater lobster gnocchi and brown-butter seared scallops.





S&J OYSTER CO. *308 E. 1st | Tulsa*
Oyster bars are a staple of coastal locales such as New Orleans and San Francisco. But T-Town refuses to be left out of this tasty seafood trend. S&J features Cajun-style dishes, where food lovers can sample anything from Louisiana catfish to fried oysters. Grilled options include salmon, tuna, redfish and catfish. Bring your pals and share the pot o'mussels, which is served with French bread. Or really go Cajun and get the New Orleans gumbo, made with shrimp and oysters.



STONEHORSE CAFÉ *1748 Utica Square | Tulsa*
Located in Utica Square, Stonehorse Café is a lovely place to stop for a meal after work or on the weekends when you're out and about. Charming inside and out, Stonehorse welcomes you to sit and chat while you enjoy their fantastic food. If you're there for seafood, try their poached Scottish King salmon, which is gluten-free, or the salad Nicoise, served with fresh Dungeness crab. Save room for their baklava sundae for dessert. It's unique and worth tasting.



THE TROPICAL RESTAURANT AND BAR
8125 E. 49th | Tulsa
Love Thai cooking? Take your seafood cravings to The Tropical, which specializes in Thai seafood that is family-friendly and farm-fresh. This hidden gem offers some unique seafood dishes — calamari served with peanut sauce, for example, and Hoy Jow, a deep-fried dumpling stuffed with shrimp and pork. They also serve up grilled salmon, rainbow trout, Chilean sea bass and lobster tail. Thai dishes like Pad Thai and stir-fry vegetables can be customized to include shrimp, salmon, sea bass or a seafood medley, served mild or spicy.



WATERFRONT GRILL *120 Aquarium Dr. | Jenks*
If you're going to eat seafood, it makes sense to do it with a river view. The Waterfront Grill has a lovely view of the Arkansas River and an expansive menu, perfect for times when you're eating with a group and everyone wants something different. There's so much to choose from. One of our favorite seafood dishes there is their stacked shrimp and scallops, sautéed in a lemon sauce and served atop grilled asparagus. You might also sample the pecan Parmesan crusted trout.



WHITE RIVER FISH MARKET & RESTAURANT *1708 N. Sheridan | Tulsa*
You must visit White River at least once to say you've fully lived. It's one of Green Country's not-so-best-kept secrets. People line up to get in. It's casual seating, like you'd find at a fish market in Maine or Baltimore. Share a pound of boiled shrimp with family and friends. Or have a fish platter — choices include salmon, orange roughy, catfish, halibut, swordfish, tuna, mahi mahi, clams… the list goes on. If you want it, White River has it.

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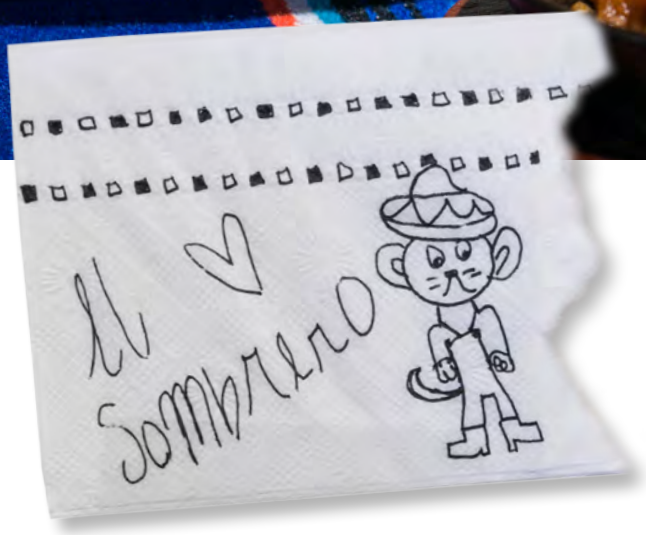

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FRESH FIESTA

WRITTEN BY: Maria Weller
PHOTOGRAPHY BY: Bill Roper

EL SOMBRERO FAJITAS
They use a special recipe to cook tender strips of marinated chicken, beef, shrimp, chorizo and prok ribs. Served with sautéed onions, tomatoes, bell peppers and garnished with lettuce, guacamole, sour cream and pico de gallo. Served with rice, beans and flour or corn tortillas.



El Sombrero's thoroughly modern Mexican cuisine offers over 30 options including the massive Baja California burrito and sizzling fajitas as well as plenty of liquid libations and sweet after-dinner treats.

Broken Arrow used to be considered a neighboring suburb to the metro area of Tulsa. But over the last few years it has rapidly come into its own as a city, with new choices for dining and entertainment popping up seemingly overnight. El Sombrero became a member of this ever-growing mini-metropolis five months ago, and has seen rapid growth every month since opening its doors.

Owners Pascual Perez and Nancy Garcia decided to open shop in Broken Arrow even though there are undoubtedly more than a few options in the area as far as Mexican food goes. But Garcia and Perez were not scared. "I was a little nervous, but I knew if we didn't take this chance now, we never would," Garcia says. And that decision seems to be paying off quite well.

El Sombrero has embraced the Broken Arrow community and vice versa. They have contributed to fundraisers for Broken Arrow schools and hope to continue to support those that support their business.

The traditional Tex-Mex menu offers over 30 options. With a special menu for the children and even some burger options, those who don't find Mexican food as delicious as others are sure to leave full and happy. Both Perez and Garcia developed the menu. The two drew from both their in the restaurant industry, as well as personal and family recipes





TAMALE
Tender pork wrapped in an authentic corn husk and topped with their seasoned ground beef. Served with rice, refried beans and mild sauce.



If you are hosting a fiesta of your own, El Sombrero would love to assist.



Margarona

to round out the impressively sized menu. "All of the salsas actually came from my mother. She's very good with those," Garcia says.

One of the most impressive and popular items on the menu is the El Sombrero fajitas. This savory dish combines tender pieces of chicken, beef, shrimp, chorizo (Mexican sausage) and pork ribs. The meats are marinated and sautéed with onions, tomatoes and bell peppers and are presented on a sizzling skillet. Accompanied by lettuce, fresh guacamole, sour cream, pico de gallo, rice, beans and flour or corn tortillas, these scrumptious ingredients are just begging to be made into one of the most complex and tastiest tacos to ever grace your palate.

Another dish that is sure to impress is the burrito Baja California.

A massive tortilla is generously filled with sautéed fajita steak, rice and beans, then topped with tomatillo sauce and slices of avocado. It is every bit, or bite, as delicious as it is pleasing to the eye.

The shrimp enchiladas are also a must try dish. Tender grilled shrimp are combined with tomatoes, onions and bell peppers, then rolled inside a tortilla and smothered with a creamy white queso sauce. These delicious enchiladas are paired with arroz blanco and a tropical pico de gallo.

Listed on the lunch menu, you can find the classic tamale plate. Tamales are traditional Mexican entrees made with masa, a very finely ground corn meal. Seasoned pork is covered by a layer of masa, wrapped in a cornhusk and then steamed. This tasty, tender entrée is then covered with El Sombrero's specially seasoned ground beef and served with a side of rice, beans and mild sauce. If you do decide to head to El Sombrero for lunch, they have over a dozen other lunch specials to choose from, with none exceeding $8.

There is also a good selection of adult beverages to quench your thirst. You can pick a fruity frozen margarita with choices like mango and strawberry. To add a twist, or a swirl, you can always try the sangria swirl.



SHRIMP ENCHILADAS
Three enchiladas, stuffed with grilled shrimp, mixed with tomatoes, onions and bell peppers smothered with cheese sauce. Served with arroz blanco and tropical pico de gallo.

Strawberry Margarita



Michelada



PEANUT BUTTER CHEESECAKE
The pairing of sweet, salty and creamy peanut butter with ice cream and chocolate syrup.



BURRITO BAJA CALIFORNIA
A large flour tortilla filled with rice, beans and grilled beef, fajita style. Topped with tomatillo sauce.




Sangria Swirl

The name of this drink is derived from its appearance, which is a margarita with a swirl of sangria throughout. Or maybe your tastes are even more tropical and you like your drinks with rum in a hurricane glass, like a daiquiri. And if you can't decide between a beer or a margarita, well then just have both. The Margarona is a behemoth beverage that boasts both a Coronita (tiny Corona) and a full size margarita. There are also three choices for beer on tap, as well as just about any Mexican beer.

There is also a traditional drink called the Michelada. It has a base of a Mexican beer with tomato juice, lime juice as well as other secret ingredients added. This makes for a refreshing twist on a favorite beverage.

And sweet treats at the end are a must, like the peanut butter cheesecake. Though it might not sound as authentically Mexican as the other dessert options, it is every bit as delicious. Served with a scoop of ice cream, this dish becomes the perfect amalgam of salty, sweet and creamy. Other choices include Xango (pronounced chongo) — a fried cheesecake chimichanga that is dusted with cinnamon sugar and paired with vanilla ice cream. Another cinnamon sugar covered classic that they serve are the sopapillas. These fried Mexican pastries are combined with vanilla ice cream and chocolate syrup. Other classic choices include churros and flan.

If you are hosting a fiesta of your own, El Sombrero would love to assist. They are able to cater to almost any number of people, within reason of course. So long as you give them ample time (preferably a week at the least) and an accurate head count, they are more than happy to bring the party to you. Any way you spin it, El Sombrero is worth a try.



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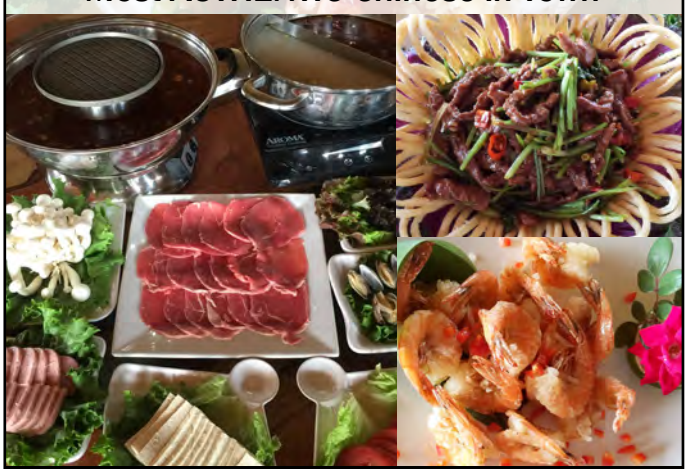
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CALIFORNIA OMELET WITH AVACADO
Spinach, apples and brie, topped with a spinach salad and a blueberry vinaigrette.

Claret Café delivers first-rate meals and an impressive wine selection while also locking down the weekend brunch tradition with impressive options like California omelets and roasted salmon.

Quality Assurance

WRITTEN BY: Donna Leahey
PHOTOGRAPHY BY: Bill Roper

Claret Cafe is the next evolution of the American cafe. With a fresh juice bar, impressive wine list and extensive Americana menu including brunch, the award-winning Claret Cafe is an upscale, impressive addition to the Tulsa area dining scene.



BONE-IN RIB-EYE
Fourteen ounce, bone-in rib-eye grilled and topped with compound butter. Served with asparagus and garlic mashed potatoes.

The expansive sand-colored building looks out on Kenosha through tall narrow windows, with the welcoming entrance on the west side of the restaurant. As soon as you step inside, you're greeted by a cheerfully lit juice bar, pastries in a glass case and purple menu boards offering a selection of juices and smoothies hovering over a bright orange juicing machine. The interior is spacious and welcoming, with a color palette of stone and dark wood. Sconces contribute flickering light while the tables are illuminated by track lighting overhead. Pillars and half walls separate the dining area into smaller, more intimate arrangements. A welcoming fireplace dominates one stone wall and patio dining is also available.

Claret Cafe came into being when the owner of the spacious building invited Mehdi Khezri — the owner of Tulsa's beloved Italian restaurant, Ti Amo — to create a dining experience that would truly make the best use of the space. Ti Amo's chef, Aziz Metallaoui, created the unique menu and Claret Cafe was born in September 2015.

In just the few months since opening, Claret Cafe has already started piling on the awards — Neighborhood Gem of 2015 and Best New American Restaurant in 2015, just to name two.







SCHNITZEL
Pork loin, pan fried with capers lemon and red onion, served with garlic mashed potatoes and asparagus.

General manager Ryan Gorman described the menu as being "full of classic entrees and featuring brunch served every day. Almost everything on the menu is made in-house, entirely from scratch." The ingredients are purchased locally whenever possible, including the beef.

Claret Cafe's name reflects the importance it places on its wine selection. "Our wine is preserved by the Vinfinity system," Gorman explains. "It allows us to offer 36 varieties of wines by the glass." Along with the wine, there are 16 varieties of beer on tap and a nice selection of bottled beers as well.

Off the brunch menu, Gorman recommends the Cali. "It's a California omelet made with Brie and apples. The quiche is popular; even the dough is made from scratch." For lunch, the most popular items are the Cuban-style Monte Cristo and the rib-eye sandwich, made from shaved rib-eye and covered with au jus on a brioche bun.

Delicious options explode off the dinner menu. "The chicken piccata is the most popular," Gorman says. But the list of dinner favorites includes the pounded-down Schnitzel, meatloaf, fish and chips, 16-ouce bone-in rib-eye and roasted salmon.

The California omelet with avocado is stuffed with Brie, apples and spinach before being topped with a spinach-kale salad and drizzled generously with blueberry-pecan vinaigrette.



SHAVED RIB-EYE
Shaved rib-eye drenched in au jus with Swiss cheese in a brioche bun.



ROASTED SALMON
Atlantic salmon, smoked sea salt rub with a caramelized onion bourbon sauce, grilled asparagus with rice.

CUBAN MONTE CRISTO
Shaved ham and pulled pork with Swiss cheese pickle and honey mustard served in a beer batter and deep fried sourdough sandwich with fruit jelly.







Avocado slices are fanned out on top and fresh blueberries are sprinkled around the omelet. Wedges of fresh strawberries decorate the edge of the plate like a sunburst. The sour-sweet tang of the vinaigrette gives way to the perfectly cooked egg. The firm texture and subtle sweetness of the apple is followed by the creamy earthiness of the Brie. Despite being a brunch dish, it's hearty enough to be a lunch.

Another must-try is the roasted salmon. The generous portion of salmon, perfectly cooked, flakes with the pressure from a fork to reveal the distinctive pink color. The caramelized onion bourbon sauce is generously drizzled and is both savory and sweet with just the faintest hint of heat. The grilled asparagus is cooked to a perfect texture, firm enough to crunch without being tough. While rice is usually only a little better than a garnish, the wild rice that comes with the dish is flavorful enough to have you going back for another forkful … or two.

The smoothies from the juice bar are popular and include options like the peanut butter and jelly made with peanut butter, strawberries and banana. But the fresh squeezed juice is the star of the show, featuring blends like the Rising Sun, made from oranges, red bell peppers, carrots and lemons.

Happy hour is from 4-7 p.m. in the bar. Patrons can enjoy half-priced appetizers or $2 mix-and-match sliders.

Claret Cafe offers banquet service, serving parties up to 60 either buffet style or with plated dinners. Additional banquet choices include bar service and an available projector and screen. They also provide catering services. P

CLARET CAFÉ

3302 W. Kenosha
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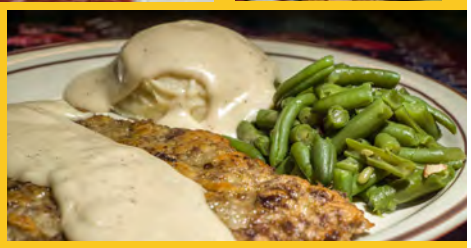
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Rarefied Fare

In an age where food is being packaged, processed, modified, dyed, supplemented and synthesized, Bluestone's Bill Tackett strives to take back what commerciality slowly destroys with his standards for excellence that are unyielding.

WRITTEN BY: Tiffany Duncan
PHOTOGRAPHY BY: Bill Roper







Charlemagne. Shakespeare. Escoffier.

Each of these historical figures is famous for revolutionizing vastly different aspects of human life, but they also share one thing in common: all have come to deeply influence Bill Tackett, owner and culinary revolutionist of Bluestone Steak House and Seafood.

Tackett understands that in order to achieve any lasting impact in this life, one must live unyieldingly from the personal convictions of the heart, regardless of what that might cost. For Tackett, this meant deciding to walk away from a successful position within the commercial food industry when he felt integrity had been compromised there. Even though the future was unclear, he and his wife, Sharon, decided to take a step out in faith and trust that God was leading them toward something better. And that something was Bluestone.

"When I bought Bluestone, I put my whole self into it," Tackett says. "I ploughed the field and waited on the water."

The result of trusting in his convictions? A restaurant that offers guests a dining experience that features superior quality and taste. This is perhaps a very lofty claim, but Tackett's background in food is so extensive that Bluestone's menu is able to meet even the highest standards.

"I started cooking in a local Tulsa steakhouse when I was 13, and by the time I was 16, I was the kitchen manager of a Red Lobster," says Tackett. "I attended culinary school in the late '70s at OSU, where I received training in three separate disciplines: culinary arts, baking science and meat fabrication. Later in life I was trained in more detail on animal and fowl physiology at several

universities. I've always been a student of knowing food and its agrarian roots, more along the lines of Escoffier, one of the fathers of French cooking."



Tackett's immersive background also includes managing several major restaurant chains, working with meat packing houses, opening up new restaurant concepts, working for U.S. Foods as a protein specialist, restaurant consulting in six states, helping to launch the Certified Angus Beef effort in Oklahoma, and working for a saucier (a chef who specializes in preparing sauces, soups, gravies and occasionally pasta dishes) for many years.

Having intimate knowledge of the food industry has taught Tackett to recognize and eliminate any unethical or sub-standard commercial food practice from Bluestone's kitchen. Whether he's purchasing vegetables, meat, herbs, dairy products or liquor, all must pass his rigorous inspection.

"I've spent the last year working to change all of the ingredients and recipes in the food and bar drinks to have no fillers or modifiers," Tackett says. "The result of all this work has transformed Bluestone into what it is today."

What is "Bluestone today," exactly? If you can't answer that question from personal experience, here's just a little taste of food items you can look forward to: 100 percent pure butter strained through cheesecloth; scallops imported from Nova Scotia; various types of fish brought in four to five times a week; cellulose-free cheeses like provolone, extra-sharp cheddar, parmesan and in-house shredded mozzarella from the number one Italian cheese supplier in the country; from-scratch, filler-free salad dressings, condiments, sauces and meat stocks; homemade cheesecake with a Valencia orange/balsamic reduction swirl; and pure Italian-pressed olive oils for sautéing, just to name a few.

"It is our mission to source the best ingredients from wherever they come from in the world. For instance we bring ingredients in from Jordan, Italy, Germany, France, Asia Minor, Switzerland and many others. We source our milk and cream locally, as well as all of our chocolate from Bill Copeland's Glacier Confection in downtown Tulsa. We are also moving toward locally grown hydroponics, which are in essence organic due to the nature of how they are produced," Tackett states.

And then there's the steak.

Tackett knows better than most how red meat should be sourced and processed for optimum taste. Because of this, Bluestone serves only Certified Angus Beef, meaning the steaks are of the highest quality offered within the meat industry. Tackett also orders all of his beef to be aged in an oxygen-free atmosphere for 21-45 days to allow the enzymes to break down muscle tissue and tenderize the meat.

With all of the steak, seafood and delicious pasta dishes steeped in cream sauce reductions, guests will have a tough time making a decision. But whether you choose the Northern Italian sea scallops, the aged blue rib-eye, Chilean sea bass or the new Sicilian pasta featuring pan seared tenderloin and Tackett's from-scratch marinara sauce, everything is expertly prepared and perfectly crafted.

"Cooking is a symphony between protein, root veggies, florals and aromatics, a balance of all of these to come up with something people really enjoy. It has always been my passion to understand the palate and key elements of how the PH balance interacts with food and drink," Tackett states.

To match the outstanding menu fare, Tackett keeps his bar equally on par with the quality of his food. Bluestone offers one of the most unique collections of liquors and libations in the state. The list is endlessly tempting: rare bourbons that linger on the palate like toasted vanilla; scotches ranging from intensely peaty to the absence of peat; house-infused pure vanilla bean and espresso vodkas; exclusive whiskeys like Jack Daniel's limited edition Sinatra Select, of which only 100 barrels were ever produced; Bluestone's signature Old Fashioned prepared with in-house, barrel aged bourbon and muddled with Luxardo cherries imported from Italy; and wines from both public and private collections served in lead-free Austrian crystal to enhance aroma and taste.

"My passion runs so deep for people," Tackett says, "and my standards for excellence are unyielding. I want my guests to build memories here and a passion for whomever they are with while enjoying great food and libations in a comfortable atmosphere."

Every day Tackett approaches his restaurant service to the public like he approaches his over 30-year-strong marriage to his wife, Sharon — with respect and integrity at the forefront. In an age where food is being packaged, processed, modified, dyed, supplemented and synthesized, he strives to take back what commerciality slowly destroys.

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Timeless Talent

From groundbreaking inventions and Hall of Fame inductions to military service and operating the oldest original Yamaha dealership in the world, Norm McDonald has experienced the ride of his life.

WRITTEN BY:
Michele Chiappetta



A rock star is a rock star … even at the age of 83. In fact, with age comes experience, wisdom and frankly, a little extra badassery if your name happens to be Norm McDonald. For those who don't know, McDonald is more than the owner of Tulsa's well-established powersports supplier, K&N Motorcycles and ATV Center. He's also a famed motorcycle racer a mentor to many other successful racers, and a 2013 inductee in the American Motorcyclist Association (AMA) Hall of Fame.

In other words, if you like to play hard and ride with the big boys, there is no better place to get your power rides outfitted than at K&N. Friendly, knowledgeable, family-owned and operated, K&N's McDonald clan knows more about motorcycles and ATVs than just about anyone else in town.

Plus, the shop is just plain cool. Photographs of racing history from the 1950s through the present line the shop walls. Pictures of McDonald, his sons, and his protégés are all displayed for perusing. It's like going to the AMA Hall of Fame's satellite museum. And if you're lucky, you can get a tour from McDonald himself, who enjoys chatting about his personal history in the sport of motorbike racing.

It all started, he says, with a passion for biking, something his parents didn't encourage. "When I was in high school, my folks really didn't like motorcycles," he explains. Like all innovators, he found a way around his problem. "I bought a Harley '45 for a little over $100 and kept it at a friend's house."

After graduating from high school, McDonald did a stint in the U.S. Navy, fought in Korea, came home and took up boxing until a match against a guy in a heavier weight class gave him second thoughts. He opted to take up motorcycle racing instead, with the approval of his wife, Lucy, whom he married "Friday the 13th in 1955." He says it like a dare — he's clearly not intimidated by the number 13, or much else for that matter.

McDonald's motorcycle racing career began in 1955 and continued well into the 1970s, followed by modified midget and mini sprint car racing in the 1980s and 1990s before he officially hung up his racing gear. Over the years, he trained, worked with and promoted many of cycling's greatest names, people like Malcolm Smith, Barry Briggs, Walker Evans, Mike Kidd, Gary Scott — a long list of champion racers. Even so, being inducted into the AMA Hall of Fame in 2013 was a shock, says McDonald. He wears the ring he was presented that day with pride.

Almost simultaneously with his racing career, McDonald also started a storied business career. His first motorcycle shop was small but scrappy; he opened it alongside his friend, Kenny (aka Ken Johnson, an AMA Hall of Famer too, and the K in K&N) with three used cycles and about $200.

"We opened our first shop in 1957 in Loma Linda, California and did well," McDonald says. "Then the highway came through and took the building we were in. We rented a building in Riverside, California, and we were doing well. We were the number one Yamaha dealership in the country." McDonald and his partner expanded the business to other







locations around California, catering first to bikers and racers, and then to boaters as well.

In what is clearly his typical fashion, McDonald has done so much more than build a powerful motorcycle dealership. He's even done more than racing. He has also invented things — cool things. One of his early creations was a stake and hatchet carrier that survey crews could use to carry equipment when they laid out a road. A surveyor before he went into business for himself, McDonald wanted something practical to carry his equipment with. A problem with his patent attorney left McDonald without money to continue production.

But he kept imagining ways to make his life better, which is how he came to create an air filter for racing bikes that was considered a literal game-changer back when it was first introduced in 1966. The paper filters that racers used in those days got clogged up quickly and wouldn't work, which is clearly a problem if you want your bike to go fast. He and Ken Johnson came up with a solution, took it to 3M for help with design and then started manufacturing it. The filters are still being produced and sold today.

Eventually, McDonald decided it was time to leave California, and the journey led him to Tulsa. Many times, when you ask someone why they came to T-Town, they tell you it was for a job or family. In McDonald's case, it was both — and neither. It was getting harder to live in California, he explains. Crime was increasing where the McDonalds lived and also where they owned their shop. He wanted a better place to raise his family.

Yamaha offered him several places to consider starting a new dealership — including Idaho, Colorado and Texas. But Tulsa made the grade as soon as he and his family saw it. "We came up here and everything was green. And we were from the desert. My daughter, who was 14, said, 'I like this. I'd move here.' And here we are." Plus, Tulsa was a great central location from which to travel for racing gigs on the east and west coasts.

K&N's location in Tulsa opened its doors in 1971, and it's been going strong ever since. It's now the oldest original Yamaha dealership in the world, yet another accomplishment for a man with many accomplishments. Both the business and the racing are truly a family affair. McDonald and his wife are helped by their sons and other family members. And the racing stays in the family too. His sons have also competed in racing and won championships, and his grandsons, Tyler and Calvin, have competed too.

McDonald also believes strongly in giving back to the motorcycle community. For one thing, he and his son, Phil, founded the Motorcycle Training and Safety Center (MTSC), now in its 22nd year. Last year, they had their 10,000th student come through the program, which focuses on teaching safety basics and tips to help bikers stay safe on the roads. Classes meet in the parking lot of Tulsa Tech.

"It's a lot of work," he says. "But we have (received) stacks of letters over the years from people who said when they got in an emergency situation, they could hear us hollering (instructions). It's very rewarding."

K&N also sponsors a yearly event called Passport Oklahoma, a Riding Tour of Oklahoma. It consists of 26 different checkpoints for motorcycle owners to visit, documenting their trip with selfies. This year's theme is Lost in Oklahoma — featuring places that used to be big towns but now are mainly ghost towns. Participants have all year to complete the challenge, and if they hit all the locations, they'll put around 1,400 miles on their bikes. But it's all worth it, says McDonald.

"Everyone who finishes it gets a prize, at least a $50 gift certificate to K&N, up to $500 in cash. But the main thing is, we get people riding their motorcycles." Participants also are invited to attend a banquet at the end of the year to celebrate their accomplishment. Close to 400 people are expected to participate this year. It's not too late to take part either — just visit K&N's website or connect with the Passport Oklahoma 2016 group on Facebook for details.

All in all, everything McDonald, his family and his business stand for resonates with the Oklahoma spirit. And everything K&N offers is pure, unadulterated fun. Stop by their showroom to see what kind of sports vehicles are available just in time for spring in Green Country. You just might enjoy the ride of your life.

K&N MOTORCYCLES AND ATV CENTER
6105 New Sapulpa Road | Tulsa
918-446-6657
knmotorcycles.com







Escape TO THE MOVIES!





LONDON HAS FALLEN

In London, the British Prime Minister has died under mysterious circumstances and his funeral is a must-attend event for leaders of the Western world. What starts out as the most protected event on Earth turns into a deadly plot to kill the world's most powerful leaders and unleash a terrifying vision of the future. The only hope of stopping it rests on the shoulders of the U.S. President Benjamin Asher, his formidable US Secret Service lead agent Mike Banning and a British MI6 agent who rightly trusts no one.

Cast: Gerard Butler, Aaron Eckhart, Charlotte Riley



ZOOTOPIA

The modern mammal metropolis of Zootopia is a city like no other. Comprised of habitat neighborhoods like ritzy Sahara Square and frigid Tundratown, it's a melting pot where animals from every environment live together — a place where no matter what you are, from the biggest elephant to the smallest shrew, you can be anything. But when rookie Officer Judy Hopps arrives, she discovers that being the first bunny on a police force of big, tough animals isn't so easy. Determined to prove herself, she jumps at the opportunity to crack a case, even if it means partnering with a fast-talking, scam-artist fox to solve the mystery

Cast: Ginnifer Goodwin, Jason Bateman, Idris Elba



KNIGHT OF CUPS

A screenwriter living in Los Angeles tries to make sense of the strange events occurring around him. While he's successful in his career, his life feels empty. Haunted by the death of one brother and the dire circumstances of the other, he finds temporary solace in the Hollywood excess that defines his existence. Women provide a distraction to the daily pain he must endure. And every encounter that comes his way brings him closer to finding his place in the world.

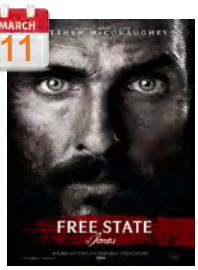
Cast: Christian Bale, Cate Blanchett, Natalie Portman



WHISKEY TANGO FOXTROT

While working as a war correspondent in Afghanistan and Pakistan during Operation Enduring Freedom, Kim Barker develops a crazy relationship with a fellow journalist from Scotland.

Cast: Tina Fey, Margot Robbie, Martin Freeman



FREE STATE OF JONES

After surviving the 1862 Battle of Corinth during the Civil War, Newton Knight, a poor farmer from Mississippi, leads a group of small farmers and local slaves in an armed rebellion against the Confederacy in Jones County. Knight subsequently marries former slave, Rachel. He establishes a mixed-race community, unique to the post-war South.

Cast: Matthew McConaughey, Keri Russell, Gugu Mbatha-Raw



10 CLOVERFIELD LANE

After a car accident, a young woman wakes up in an underground cellar, where most of the action takes place. She fears she has been abducted by a survivalist, who tells her he saved her life and that a chemical attack has left the outside world uninhabitable. Uncertain what to believe, she decides she must escape, whatever dangers she may face outside.

Cast: Mary Elizabeth Winstead, John Goodman, John Gallagher, Jr.



THE BROTHERS GRIMSBY

Nobby, a sweet but dimwitted English football hooligan, reunites with his long-lost brother Sebastian, a deadly MI6 agent, to prevent a massive global terror attack and prove that behind every great spy is an embarrassing sibling. Nobby has everything a man from Grimsby could want, including 11 children and the most gorgeous girlfriend in the northeast of England. There's only one thing missing: his little brother, Sebastian, who Nobby has spent 28 years searching for after they were separated as children.

Cast: Sacha Baron Cohen, Mark Strong, Isla Fisher



HELLO, MY NAME IS DORIS

When Doris Miller meets John Fremont, her company's hip new art director, sparks fly — at least for Doris. In the cluttered house she shared with her late mother, Doris mines the Internet for information on her one-and-only, guided by the 13-year-old granddaughter of her best pal Roz. When Doris begins showing up at John's regular haunts, she wins over his Williamsburg friends. Her new life brings Doris a thrilling perspective, but also creates a rift between her and her longtime friends and family, who believe she's making a fool of herself over a guy half her age.

Cast: Sally Field, Beth Behrs, Stephen Root

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MIRACLES FROM HEAVEN

Set in Burleson, Texas, in 2011, the film centers on a 12-year-old girl named Anna, daughter of Christy Beam. Anna is suffering from a pseudo-obstruction motility disorder and is unable to eat, using feeding tubes for nutrition. One day she has a near-death experience after falling from a tree. She is subsequently cured from her disease in the Boston Children's Hospital.

Cast: Jennifer Garner, Queen Latifah, Kylie Rogers



THE BRONZE

A decade ago, Hope Ann Greggory was America's sweetheart. Her inspired performance on a ruptured Achilles at the world's most prestigious gymnastics tournament clinched an unlikely bronze medal for the U.S. team and brought glory to her hometown of Amherst, Ohio. But in the years since that epic third place victory, Hope hasn't done a whole lot with her life. Still living in her dad Stan's basement, still sporting her daily uniform of a Team USA gym suit with teeny-bopper bangs, ponytail and scrunchie, she spends her days at the mall milking her minor celebrity for free food and favors.

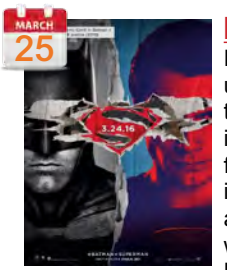
Cast: Melissa Rauch, Gary Cole, Haley Lu Richardson



MY BIG FAT GREEK WEDDING 2

When a family secret slips out and wedding bells start to chime, Toula and her family come together to make peace with the past and prepare for the future.

Cast: Nia Vardalos, John Stamos, John Corbett



BATMAN V SUPERMAN: DAWN OF JUSTICE

Fearing the actions of Superman if left unchecked, Batman takes on Superman, while the world wrestles with what kind of a hero it really needs. With Batman and Superman fighting each other, a new threat Doomsday is created by Lex Luthor. It's up to Superman and Batman to set aside their differences along with Wonder Woman to stop Lex Luthor and Doomsday from destroying Metropolis.

Cast: Ben Affleck, Henry Cavill, Jesse Eisenberg



I SAW THE LIGHT

The story of the legendary country western singer Hank Williams, who in his brief life created one of the greatest bodies of work in American music. The film chronicles his meteoric rise to fame and its ultimately tragic effect on his health and personal life.

Cast: Tom Hiddleston, Elizabeth Olsen, Bradley Whitford



BORN TO BE BLUE

Legendary jazz trumpeter Chet Baker attempts a comeback in the late 1960s after battling a crippling heroin addiction.

Cast: Ethan Hawke, Carmen Ejogo, Callum Keith Rennie

LOCATOR

Admiral Twin Drive-In
7355 E. Easton
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AMC Southroads 20
4923 E. 41st St.
Tulsa | 888.AMC.4FUN

B&B Claremore 8
1407 W. Country Club
Claremore | 918.342.2422

B&B Cinema 8
1245 New Sapulpa Road
Sapulpa | 918.227.7469

Cinemark Broken Arrow
1801 E. Hillside Drive
Broken Arrow | 918.355.0427

Cinemark Sand Springs
1112 E. Charles Page Blvd.
Sand Springs
800.FAN.DANG (#1407)

Cinemark Tulsa
10802 E. 71st S.
Tulsa | 800.FAN.DANG (#1128)

Circle Cinema
10 S. Lewis Ave.
Tulsa | 918.592.3456

Dickinson Starworld 20
10301 S. Memorial Drive
Tulsa | 918.369.7469

Eton Square 6 Cinema
8421 E. 61st St.
Tulsa | 918.286.2618

Regal Promenade Palace
4107 S. Yale
Tulsa | 800.326.3264

Starplex Cinemas Owasso 12
12601 E. 86th St. N.
Owasso | 918.376.9191

Starworld 20
10301 S Memorial Dr
Tulsa | 918.369.7475

Super Saver Cinema
5970 E. 31st St.
Tulsa | 918.551.7002

Village 8 Movies
6808 S. Memorial
Tulsa | 918.286.1900

Warren Theatre
1700 W. Aspen Creek Drive
Broken Arrow | 918.893.9798

See what's in store for NEXT month



APRIL 1
John Mellencamp
BRADY THEATER (TULSA)

APRIL 1
Aaron Watson
CAIN'S BALLROOM (TULSA)

APRIL 1-3
Cinderella
TULSA PERFORMING ARTS CENTER

APRIL 1-3, 7-10
Steel Magnolias
TULSA PERFORMING ARTS CENTER



APRIL 1-3
Sesame Street Live
BOK CENTER (TULSA)

APRIL 1-3
Green Country Arabian Classic
EXPO SQUARE (TULSA)

APRIL 2-3
Wanenmacher's Tulsa Arms Show
EXPO SQUARE (TULSA)



APRIL 3
Zac Brown Band
BOK CENTER (TULSA)



APRIL 6
Mumford & Sons
BOK CENTER (TULSA)



APRIL 7
Justin Bieber
BOK CENTER (TULSA)

APRIL 7
Kenny Rogers
HARD ROCK HOTEL & CASINO (TULSA/CATOOSA)

APRIL 8
Sandi Patty
MABEE CENTER (TULSA)

APRIL 9
Tori Kelly
BRADY THEATER (TULSA)



APRIL 11
Bryan Adams
HARD ROCK HOTEL & CASINO (TULSA/CATOOSA)

APRIL 12
Halestorm and Lita Ford
BRADY THEATER (TULSA)

APRIL 14
Outcry
BOK CENTER (TULSA)

APRIL 15-17, 21-24, 27-30
Fiddler on the Roof
TULSA PERFORMING ARTS CENTER

APRIL 16
The Cadillac Three
CAIN'S BALLROOM (TULSA)

APRIL 16
Tulsa Roots Music Bash
GUTHRIE GREEN (TULSA)

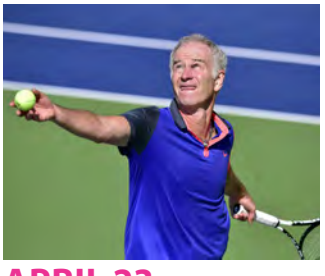
APRIL 17
Drive-By Truckers
CAIN'S BALLROOM (TULSA)

APRIL 19-24
Bare Bones International Film Festival
ROXY THEATER/VARIOUS VENUES (MUSKOGEE)



APRIL 21
Salt N Pepa
OSAGE EVENT CENTER (TULSA)

APRIL 22
Lily Tomlin
BROKEN ARROW PERFORMING ARTS CENTER



APRIL 23
Powershares Series Tennis
BOK CENTER (TULSA)

APRIL 23
The 14th Annual 80s Prom
CAIN'S BALLROOM (TULSA)

APRIL 23
Bill Maher
BRADY THEATER (TULSA)



APRIL 24
Home Free
BOK CENTER (TULSA)

APRIL 24
Judy Collins
TULSA PERFORMING ARTS CENTER



APRIL 27
Carrie Underwood
BOK CENTER (TULSA)

APRIL 27
Blackberry Smoke
CAIN'S BALLROOM (TULSA)

APRIL 30-MAY 30
Oklahoma Renaissance Festival
THE CASTLE OF MUSKOGEE (MUSKOGEE)

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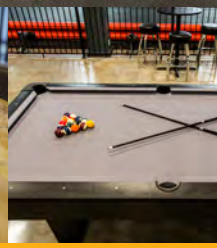
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